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On the Maxwell and Friedrichs/Poincaré Constants in ND

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ABSTRACT. We prove that for bounded and convex domains in arbitrary dimensions, the Maxwell constants are bounded from below and above by Friedrichs' and Poincaré's constants, respectively. Especially, the second positive Maxwell eigenvalues in ND are bounded from below by the square root of the second Neumann-Laplace eigenvalue.

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1. INTRODUCTION

Let $\Omega \subset \mathbb{R}^3$ be a bounded weak Lipschitz domain. We denote the standard Lebesgue and Sobolev spaces by $L^2(\Omega)$, $H^1(\Omega)$, which might be scalar-, vector-, or tensor-valued, and by $H(\operatorname{curl}, \Omega)$, $H(\operatorname{div}, \Omega)$. Moreover, we introduce homogeneous scalar, tangential, and normal boundary conditions in the spaces $\mathring{H}^1(\Omega)$, $\mathring{H}(\operatorname{curl}, \Omega)$, $\mathring{H}(\operatorname{div}, \Omega)$, respectively, which are defined as closures of $\mathring{C}^\infty(\Omega)$ -functions, vector or tensor fields under the corresponding graph norms.

It is well known that the tangential version of Weck's selection theorem, stating that the embedding

$$(1.1) \quad \mathring{H}(\operatorname{curl}, \Omega) \cap \epsilon^{-1}H(\operatorname{div}, \Omega) \hookrightarrow L^2(\Omega)$$

is compact, see [30, 23, 29, 31, 25, 3], is the crucial tool of any analysis for static or time-harmonic Maxwell equations. Especially, (1.1) implies by a standard indirect argument the following important Maxwell estimate for tangential boundary conditions: There exists a constant $c_{m,t,\epsilon} > 0$ such that for all $E \in \mathring{H}(\operatorname{curl}, \Omega) \cap \epsilon^{-1}H(\operatorname{div}, \Omega) \cap \mathcal{H}_{D,\epsilon}(\Omega)^{\perp_{L^2(\Omega)}}$

$$(1.2) \quad |E|_{L^2(\Omega)} \leq c_{m,t,\epsilon} \left(|\operatorname{curl} E|_{L^2(\Omega)}^2 + |\operatorname{div} \epsilon E|_{L^2(\Omega)}^2 \right)^{1/2}$$

holds. Here, $\epsilon : \Omega \rightarrow \mathbb{R}^{3 \times 3}$ is a symmetric, $L^\infty(\Omega)$ -bounded, and uniformly positive definite matrix field, and the kernel space of (harmonic) Dirichlet fields is denoted by

$$\mathcal{H}_{D,\epsilon}(\Omega) := \{E \in \mathring{H}(\operatorname{curl}, \Omega) \cap \epsilon^{-1}H(\operatorname{div}, \Omega) : \operatorname{curl} E = 0, \operatorname{div} \epsilon E = 0\}.$$

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Note that $\mathcal{H}_{D,\epsilon}(\Omega)$ is finite dimensional by (1.1) as its unit ball is compact. We also introduce the weighted ϵ - $L^2(\Omega)$ -scalar product $\langle \cdot, \cdot \rangle_{L^2_\epsilon(\Omega)} := \langle \epsilon \cdot, \cdot \rangle_{L^2(\Omega)}$ and the corresponding induced weighted ϵ - $L^2(\Omega)$ -norm $|\cdot|_{L^2_\epsilon(\Omega)} := \langle \cdot, \cdot \rangle_{L^2_\epsilon(\Omega)}^{1/2} = |\epsilon^{1/2} \cdot|_{L^2(\Omega)}$. If we equip $L^2(\Omega)$ with this weighted scalar product we write $L^2_\epsilon(\Omega)$. Moreover, $\perp_{L^2_\epsilon(\Omega)}$ denotes orthogonality with respect to the ϵ - $L^2(\Omega)$ -scalar product. If ϵ equals the identity id , it will be skipped in our notations, e.g., we write $\perp_{L^2(\Omega)}$ and $\mathcal{H}_D(\Omega) = \mathcal{H}_{D,\text{id}}(\Omega)$.

The fact that a compact embedding implies by an indirect argument a corresponding Friedrichs/Poincaré type estimate, is a well known and powerful concept. Prominent examples are the Friedrichs and Poincaré estimates itself, i.e.,

$$(1.3) \quad \exists c_f > 0 \quad \forall u \in \mathring{H}^1(\Omega) \quad |u|_{L^2(\Omega)} \leq c_f |\nabla u|_{L^2(\Omega)},$$

$$(1.4) \quad \exists c_p > 0 \quad \forall v \in H^1(\Omega) \cap \mathbb{R}^{\perp_{L^2(\Omega)}} \quad |v|_{L^2(\Omega)} \leq c_p |\nabla v|_{L^2(\Omega)},$$

which follow immediately using Rellich's selection theorem, i.e., the compactness of

$$(1.5) \quad \mathring{H}^1(\Omega) \subset H^1(\Omega) \hookrightarrow L^2(\Omega).$$

For the best possible constants it holds

$$c_f^2 = \frac{1}{\lambda_1} < \frac{1}{\mu_2} = c_p^2,$$

where

$$\lambda_1 = \min_{u \in \mathring{H}^1(\Omega)} \frac{|\nabla u|_{L^2(\Omega)}^2}{|u|_{L^2(\Omega)}^2}, \quad \mu_2 = \min_{v \in H^1(\Omega) \cap \mathbb{R}^{\perp_{L^2(\Omega)}}} \frac{|\nabla v|_{L^2(\Omega)}^2}{|v|_{L^2(\Omega)}^2}$$

is the first Dirichlet resp. second Neumann eigenvalue of the negative Laplacian, see, e.g., [4] and the literature cited there. Analogously to (1.1) and (1.2), the normal version of Weck's selection theorem, i.e., the compactness of the embedding

$$(1.6) \quad H(\text{curl}, \Omega) \cap \epsilon^{-1} \mathring{H}(\text{div}, \Omega) \hookrightarrow L^2(\Omega),$$

shows the corresponding Maxwell estimate for normal boundary conditions: There exists a constant $c_{m,n,\epsilon} > 0$ such that for all $H \in H(\text{curl}, \Omega) \cap \epsilon^{-1} \mathring{H}(\text{div}, \Omega) \cap \mathcal{H}_{N,\epsilon}(\Omega)^{\perp_{L^2_\epsilon(\Omega)}}$

$$(1.7) \quad |H|_{L^2_\epsilon(\Omega)} \leq c_{m,n,\epsilon} (|\text{curl } H|_{L^2(\Omega)}^2 + |\text{div } \epsilon H|_{L^2(\Omega)}^2)^{1/2},$$

where we define the finite dimensional kernel space of (harmonic) Neumann fields by

$$\mathcal{H}_{N,\epsilon}(\Omega) := \{H \in H(\text{curl}, \Omega) \cap \epsilon^{-1} \mathring{H}(\text{div}, \Omega) : \text{curl } H = 0, \text{div } \epsilon H = 0\}.$$

Similarly to the Friedrichs and Poincaré constants we always assume the best constants, i.e.,

$$\frac{1}{c_{m,t,\epsilon}^2} = \min_E \frac{|\text{curl } E|_{L^2(\Omega)}^2 + |\text{div } \epsilon E|_{L^2(\Omega)}^2}{|E|_{L^2_\epsilon(\Omega)}^2}, \quad \frac{1}{c_{m,n,\epsilon}^2} = \min_H \frac{|\text{curl } H|_{L^2(\Omega)}^2 + |\text{div } \epsilon H|_{L^2(\Omega)}^2}{|H|_{L^2_\epsilon(\Omega)}^2},$$

where the first minimum is taken over $E \in \mathring{H}(\text{curl}, \Omega) \cap \epsilon^{-1} H(\text{div}, \Omega) \cap \mathcal{H}_{D,\epsilon}(\Omega)^{\perp_{L^2_\epsilon(\Omega)}}$ and the second over $H \in H(\text{curl}, \Omega) \cap \epsilon^{-1} \mathring{H}(\text{div}, \Omega) \cap \mathcal{H}_{N,\epsilon}(\Omega)^{\perp_{L^2_\epsilon(\Omega)}}$.

In [18, 19, 20] we have shown that for convex Ω and, provided that always the best possible constants are chosen, the estimates

$$(1.8) \quad \frac{c_f}{\hat{\epsilon}^3} \leq c_{m,t,\epsilon}, c_{m,n,\epsilon} \leq c_p \hat{\epsilon} \leq \frac{\text{diam}(\Omega)}{\pi} \hat{\epsilon}$$

hold, where

$$(1.9) \quad \hat{\epsilon} := \max\{\underline{\epsilon}, \bar{\epsilon}\},$$

and the lower and upper bounds $\underline{\epsilon}, \bar{\epsilon} > 0$ for ϵ are defined by

$$(1.10) \quad \forall E \in L^2(\Omega) \quad \underline{\epsilon}^{-2} |E|_{L^2(\Omega)}^2 \leq \langle \epsilon E, E \rangle_{L^2(\Omega)} \leq \bar{\epsilon}^2 |E|_{L^2(\Omega)}^2,$$

which exist by our assumptions. Note that convex domains are even strong Lipschitz, see, e.g., [7, Corollary 1.2.2.3] and topologically trivial, i.e., they satisfy $\mathcal{H}_{\mathbb{D},\epsilon}(\Omega) = \mathcal{H}_{\mathbb{N},\epsilon}(\Omega) = \{0\}$ as $\dim \mathcal{H}_{\mathbb{N},\epsilon}(\Omega)$ resp. $\dim \mathcal{H}_{\mathbb{D},\epsilon}(\Omega)$ is given by the first resp. second Betti number of Ω .

The aim of the paper at hand is to generalize and improve the estimates (1.8) for the Maxwell constants to convex domains $\Omega \subset \mathbb{R}^N$. In \mathbb{R}^N it is useful to work within the setting of alternating differential forms of general order $q \in \{0, \dots, N\}$. More precisely, let $\Omega \subset \mathbb{R}^N$ be a bounded weak Lipschitz domain. We denote the standard Lebesgue and Sobolev spaces by $L^{2,q}(\Omega)$, and

$$\begin{aligned} \mathbb{D}^q(\Omega) &:= \mathbb{H}^q(\mathbb{d}, \Omega) = \{\omega \in L^{2,q}(\Omega) : \mathbb{d}\omega \in L^{2,q+1}(\Omega)\}, \\ \Delta^q(\Omega) &:= \mathbb{H}^q(\delta, \Omega) = \{\omega \in L^{2,q}(\Omega) : \delta\omega \in L^{2,q-1}(\Omega)\}, \end{aligned}$$

where \mathbb{d} is the exterior derivative, $\delta := (-1)^{(q-1)N} * \mathbb{d} *$ the co-derivative, and $*$ the Hodge-star-operator. Moreover, we introduce co-called homogeneous tangential and normal boundary conditions in the spaces

$$\mathring{\mathbb{D}}^q(\Omega) = \mathring{\mathbb{H}}^q(\mathbb{d}, \Omega), \quad \mathring{\Delta}^q(\Omega) = \mathring{\mathbb{H}}^q(\delta, \Omega),$$

respectively, which are defined as before as closures of $\mathring{C}^{\infty,q}(\Omega)$ -forms under the corresponding graph norms. A vanishing derivative will always be indicated by an index zero at the lower right corner, e.g.,

$$\mathbb{D}_0^q(\Omega) := \{\omega \in \mathbb{D}^q(\Omega) : \mathbb{d}\omega = 0\}, \quad \mathring{\mathbb{D}}_0^q(\Omega) := \{\omega \in \mathring{\mathbb{D}}^q(\Omega) : \delta\omega = 0\}.$$

It holds

$$(1.11) \quad * \mathbb{D}^q(\Omega) = \Delta^{N-q}(\Omega), \quad * \Delta^q(\Omega) = \mathbb{D}^{N-q}(\Omega), \quad * \mathring{\mathbb{D}}^q(\Omega) = \mathring{\Delta}^{N-q}(\Omega), \quad * \mathring{\Delta}^q(\Omega) = \mathring{\mathbb{D}}^{N-q}(\Omega).$$

Inner products and hence norms are defined by

$$\begin{aligned} \langle \omega, \zeta \rangle_{L^{2,q}(\Omega)} &:= \int_{\Omega} \omega \wedge * \bar{\zeta}, & \omega, \zeta \in L^{2,q}(\Omega), \\ \langle \omega, \zeta \rangle_{\mathbb{D}^q(\Omega)} &:= \langle \omega, \zeta \rangle_{L^{2,q}(\Omega)} + \langle \mathbb{d}\omega, \mathbb{d}\zeta \rangle_{L^{2,q+1}(\Omega)}, & \omega, \zeta \in \mathbb{D}^q(\Omega), \\ \langle \omega, \zeta \rangle_{\Delta^q(\Omega)} &:= \langle \omega, \zeta \rangle_{L^{2,q}(\Omega)} + \langle \delta\omega, \delta\zeta \rangle_{L^{2,q-1}(\Omega)}, & \omega, \zeta \in \Delta^q(\Omega). \end{aligned}$$

We emphasize that for q -forms ω given in Cartesian coordinates (identity map/chart), i.e.,

$$\omega = \sum_I \omega_I dx^I$$

with ordered multi-indices $I = (i_1, \dots, i_q)$, we have $\omega \in L^{2,q}(\Omega)$ if and only if $\omega_I \in L^2(\Omega)$ for all I . The inner product for $\omega, \zeta \in L^{2,q}(\Omega)$ is given by

$$\langle \omega, \zeta \rangle_{L^{2,q}(\Omega)} = \int_{\Omega} \omega \wedge * \bar{\zeta} = \sum_I \int_{\Omega} \omega_I \bar{\zeta}_I = \sum_I \langle \omega_I, \zeta_I \rangle_{L^2(\Omega)} = \langle \vec{\omega}, \vec{\zeta} \rangle_{L^2(\Omega)},$$

where we introduce the vector proxy notation

$$\vec{\omega} = [\omega_I]_I \in L^2(\Omega; \mathbb{R}^{N_q}), \quad N_q := \binom{N}{q}.$$

The spaces $L_{\epsilon}^{2,q}(\Omega)$ with the inner products $\langle \cdot, \cdot \rangle_{L_{\epsilon}^{2,q}(\Omega)} = \langle \epsilon \cdot, \cdot \rangle_{L^{2,q}(\Omega)}$ are defined in the same way as for vector or tensor fields, where $\epsilon : L^{2,q}(\Omega) \rightarrow L^{2,q}(\Omega)$ is a symmetric, bounded, and uniformly positive definite transformation on q -forms. Such transformations will be called admissible. All other definitions and notations concerning ϵ carry over to q -forms as well, e.g., we have (1.10) and (1.9). More precisely, by the assumptions on ϵ we have

$$(1.12) \quad \exists \underline{\epsilon}, \bar{\epsilon} > 0 \quad \forall \omega \in L^{2,q}(\Omega) \quad \underline{\epsilon}^{-2} |\omega|_{L^{2,q}(\Omega)}^2 \leq \langle \epsilon \omega, \omega \rangle_{L^{2,q}(\Omega)} \leq \bar{\epsilon}^2 |\omega|_{L^{2,q}(\Omega)}^2$$

and we note $|\omega|_{L_{\epsilon}^{2,q}(\Omega)}^2 = \langle \epsilon \omega, \omega \rangle_{L^{2,q}(\Omega)} = |\epsilon^{1/2} \omega|_{L^{2,q}(\Omega)}^2$ as well as $|\epsilon \omega|_{L^{2,q}(\Omega)} = |\epsilon^{1/2} \omega|_{L_{\epsilon}^{2,q}(\Omega)}$. Thus, for all $\omega \in L^{2,q}(\Omega)$

$$(1.13) \quad \underline{\epsilon}^{-1} |\omega|_{L^{2,q}(\Omega)} \leq |\omega|_{L_{\epsilon}^{2,q}(\Omega)} \leq \bar{\epsilon} |\omega|_{L^{2,q}(\Omega)}, \quad \underline{\epsilon}^{-1} |\omega|_{L_{\epsilon}^{2,q}(\Omega)} \leq |\epsilon \omega|_{L^{2,q}(\Omega)} \leq \bar{\epsilon} |\omega|_{L_{\epsilon}^{2,q}(\Omega)}.$$

As in the vector-valued case we can also define the Sobolev spaces $H^{1,q}(\Omega)$ resp. $\mathring{H}^{1,q}(\Omega)$ component-wise by defining $\omega \in H^{1,q}(\Omega)$ resp. $\omega \in \mathring{H}^{1,q}(\Omega)$ if and only if $\omega_I \in H^1(\Omega)$ resp. $\omega_I \in \mathring{H}^1(\Omega)$ for all I . In these cases we have for $n = 1, \dots, N$

$$\partial_n \omega = \sum_I \partial_n \omega_I dx^I$$

and we utilize the vector proxy notation also for the gradient, i.e.,

$$\nabla \vec{\omega} = [\partial_n \omega_I]_{n,I} = [\dots \nabla \omega_I \dots]_I \in L^2(\Omega; \mathbb{R}^{N \times Nq}).$$

Hence, for $\omega, \zeta \in H^{1,q}(\Omega)$

$$\begin{aligned} \langle \omega, \zeta \rangle_{H^{1,q}(\Omega)} &:= \langle \omega, \zeta \rangle_{L^{2,q}(\Omega)} + \sum_{n=1}^N \langle \partial_n \omega, \partial_n \zeta \rangle_{L^{2,q}(\Omega)} = \int_{\Omega} \omega \wedge * \bar{\zeta} + \sum_{n=1}^N \int_{\Omega} (\partial_n \omega) \wedge * (\partial_n \bar{\zeta}) \\ &= \sum_I \left(\int_{\Omega} \omega_I \bar{\zeta}_I + \sum_{n=1}^N \int_{\Omega} \partial_n \omega_I \partial_n \bar{\zeta}_I \right) = \sum_I \left(\langle \omega_I, \zeta_I \rangle_{L^2(\Omega)} + \langle \nabla \omega_I, \nabla \zeta_I \rangle_{L^2(\Omega)} \right) \\ &= \langle \vec{\omega}, \vec{\zeta} \rangle_{L^2(\Omega)} + \langle \nabla \vec{\omega}, \nabla \vec{\zeta} \rangle_{L^2(\Omega)} = \langle \vec{\omega}, \vec{\zeta} \rangle_{H^1(\Omega)}. \end{aligned}$$

Note that

$$H^1(\Omega) = H^{1,0}(\Omega) = D^0(\Omega) = * \Delta^N(\Omega), \quad \mathring{H}^1(\Omega) = \mathring{H}^{1,0}(\Omega) = \mathring{D}^0(\Omega) = * \mathring{\Delta}^N(\Omega)$$

and

$$d\omega = \sum_n \partial_n \omega dx^n, \quad \omega \in H^1(\Omega).$$

Like before, Weck's selection theorem (tangential version), stating that the embedding

$$(1.14) \quad \mathring{D}^q(\Omega) \cap \epsilon^{-1} \Delta^q(\Omega) \hookrightarrow L^{2,q}(\Omega)$$

is compact, holds, see [30] for bounded strong Lipschitz domains (strong cone property) and [23] for bounded weak Lipschitz domains. The compact embeddings (1.1), (1.6) hold even for bounded weak Lipschitz domains and mixed boundary conditions, see, e.g., the recent results [3, Theorem 4.7, Theorem 4.8]. The first proof of Weck's selection theorem (1.14) for strong Lipschitz domains (strong/uniform cone property), even for differential forms on Riemannian manifolds (and hence especially for $\Omega \subset \mathbb{R}^N$), has been given by Weck in [30]. The first proof for weak Lipschitz domains/manifolds is due to Picard and given in [23]. More related results and generalizations can be found in [12, 21, 22, 24, 25, 29, 31, 9, 6, 8]. Note that the boundedness of the underlying domain Ω is crucial, since one has to work in polynomially weighted Sobolev spaces in unbounded (like exterior) domains, see, e.g., [10, 11, 12, 14, 15, 17, 16, 21, 25].

As we obtain the corresponding normal version

$$D^q(\Omega) \cap \epsilon^{-1} \mathring{\Delta}^q(\Omega) \hookrightarrow L^{2,q}(\Omega)$$

by applying the $*$ -operator, see (1.11), we may concentrate on the tangential version (1.14). Especially, (1.14) implies (again by an indirect argument) the following Maxwell type estimate: There exists $c_{t,q,\epsilon} > 0$ such that for all $\omega \in \mathring{D}^q(\Omega) \cap \epsilon^{-1} \Delta^q(\Omega) \cap \mathcal{H}_{D,\epsilon}^q(\Omega)^{\perp_{L^2_\epsilon, q}(\Omega)}$

$$(1.15) \quad |\omega|_{L^2_\epsilon, q(\Omega)} \leq c_{t,q,\epsilon} \left(|d\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta \epsilon \omega|_{L^{2,q-1}(\Omega)}^2 \right)^{1/2}$$

holds. Here, we introduce the finite dimensional (again the unit ball is compact) kernel space of (harmonic) Dirichlet forms by

$$\mathcal{H}_{D,\epsilon}^q(\Omega) := \mathring{D}_0^q(\Omega) \cap \epsilon^{-1} \Delta_0^q(\Omega).$$

Throughout this paper, as already mentioned, we assume that always the best possible constants are chosen, e.g., $c_{t,q,\epsilon} > 0$ are defined by

$$(1.16) \quad \frac{1}{c_{t,q,\epsilon}^2} := \min_{\omega} \frac{|d\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta \epsilon \omega|_{L^{2,q-1}(\Omega)}^2}{|\omega|_{L^2_\epsilon, q(\Omega)}^2},$$

where the minimum is taken over $\mathring{D}^q(\Omega) \cap \epsilon^{-1} \Delta^q(\Omega) \cap \mathcal{H}_{D,\epsilon}^q(\Omega)^{\perp_{L^2_\epsilon, q}(\Omega)}$.

The main result of this paper is Theorem 3.6, i.e., for convex Ω and for all q it holds

$$(1.17) \quad \frac{c_f}{\hat{\epsilon}} \leq c_{t,q,\epsilon} \leq c_p \hat{\epsilon}, \quad c_p \leq \frac{\text{diam}(\Omega)}{\pi}.$$

Corollary 3.7 shows that in the case of the other (normal) boundary condition, where the boundary condition is placed on $\epsilon^{-1}\hat{\Delta}^q(\Omega)$ and the corresponding constant is denoted by $c_{n,q,\epsilon}$, the same result holds for $c_{n,q,\epsilon}$ as well. Especially for $\epsilon = \text{id}$ we have

$$(1.18) \quad c_f \leq c_{t,q}, c_{n,q} \leq c_p \leq \text{diam}(\Omega)/\pi.$$

Here and generally throughout this contribution, we skip the index ϵ in our notations if the case $\epsilon = \text{id}$ is considered. We emphasize that (1.17) not only generalizes (1.8) to N -dimensions, but even improves (1.8) in 3-dimensions to

$$(1.19) \quad \frac{c_f}{\hat{\epsilon}} \leq c_{m,t,\epsilon}, c_{m,n,\epsilon} \leq c_p \hat{\epsilon}.$$

In Remark 3.12 we will present a corresponding result for a certain class of non-convex domains, so-called one-chart or one-map domains, which are bi-Lipschitz transformations of convex domains. By a standard partition of unity argument we obtain results for general weak Lipschitz domains as well.

To prove our main result (1.17) we will only use

- the well-known Friedrichs/Gaffney regularity and estimate for bounded and convex C^∞ -smooth domains $\Omega \subset \mathbb{R}^N$, i.e., $\mathring{D}^q(\Omega) \cap \Delta^q(\Omega)$ and $D^q(\Omega) \cap \mathring{\Delta}^q(\Omega)$ are subspaces of $H^{1,q}(\Omega)$ and
- $$(1.20) \quad \forall \omega \in (\mathring{D}^q(\Omega) \cap \Delta^q(\Omega)) \cup (D^q(\Omega) \cap \mathring{\Delta}^q(\Omega)) \quad |\nabla \vec{\omega}|_{L^2(\Omega)}^2 \leq |d\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\omega|_{L^{2,q-1}(\Omega)}^2,$$
- Weck's selection theorem (1.14), which includes Rellich's selection theorems as special cases $q = 0$ or $q = N$,
 - and some fundamental results from functional analysis.

For the regularity part of (1.20) see also [10].

Using vector proxies for the respective differential forms we get back the classical case of vector fields in \mathbb{R}^3 or \mathbb{R}^N for the special choice $q = 1$ or $q = N - 1$. Note that without using differential forms and vector proxies $\text{curl } E$ of a smooth vector field E in \mathbb{R}^N may be defined point-wise as a vector in $\mathbb{R}^{(N-1)N/2}$, which is isomorphic to the skew-symmetric part of the Jacobian of E , i.e.,

$$\text{curl } E \hat{=} 2 \text{skw } \nabla E = \nabla E - (\nabla E)^\top \in \mathbb{R}^{N \times N}.$$

Finally, (1.17) and (1.18) hold for (1.2) and (1.7) in \mathbb{R}^N as well.

2. PRELIMINARIES

Throughout this paper let $\Omega \subset \mathbb{R}^N$, $N \geq 2$, be a bounded weak Lipschitz domain. Hence Weck's selection theorem (1.14) and the Maxwell type estimate (1.15) hold true.

2.1. Functional Analysis Toolbox. Let $A : D(A) \subset H_1 \rightarrow H_2$ denote a closed and densely defined linear operator on two Hilbert spaces H_1 and H_2 with Hilbert space adjoint $A^* : D(A^*) \subset H_2 \rightarrow H_1$. Typically, A and A^* are unbounded. The adjoint is characterized by

$$(2.1) \quad \forall x \in D(A) \quad \forall y \in D(A^*) \quad \langle Ax, y \rangle_{H_2} = \langle x, A^*y \rangle_{H_1}.$$

Note $(A^*)^* = \overline{A} = A$, i.e., (A, A^*) is a dual pair. This shows the trivial but helpful result

$$(2.2) \quad D(A) = D((A^*)^*) = \{x \in H_1 : \exists f \in H_2 \forall y \in D(A^*) \quad \langle x, A^*y \rangle_{H_1} = \langle f, y \rangle_{H_2}\}.$$

By the projection theorem the Helmholtz type decompositions

$$(2.3) \quad H_1 = N(A) \oplus_{H_1} \overline{R(A^*)}, \quad H_2 = N(A^*) \oplus_{H_2} \overline{R(A)}$$

hold, where we introduce the notation N for the kernel (or null space) and R for the range of a linear operator and \oplus_H denotes orthogonality in a Hilbert space H . We define the reduced operators

$$\mathcal{A} := A|_{\overline{R(A^*)}} : D(\mathcal{A}) \subset \overline{R(A^*)} \rightarrow \overline{R(A)}, \quad D(\mathcal{A}) := D(A) \cap N(A)^{\perp_{H_1}} = D(A) \cap \overline{R(A^*)},$$

$$\mathcal{A}^* := \mathcal{A}^*|_{\overline{R(\mathcal{A})}} : D(\mathcal{A}^*) \subset \overline{R(\mathcal{A})} \rightarrow \overline{R(\mathcal{A}^*)}, \quad D(\mathcal{A}^*) := D(\mathcal{A}^*) \cap N(\mathcal{A}^*)^{\perp_{\mathcal{H}_2}} = D(\mathcal{A}^*) \cap \overline{R(\mathcal{A})},$$

which are also closed and densely defined linear operators. We note that \mathcal{A} and \mathcal{A}^* are indeed adjoint to each other, i.e., $(\mathcal{A}, \mathcal{A}^*)$ is a dual pair as well. Now the inverse operators

$$\mathcal{A}^{-1} : R(\mathcal{A}) \rightarrow D(\mathcal{A}), \quad (\mathcal{A}^*)^{-1} : R(\mathcal{A}^*) \rightarrow D(\mathcal{A}^*)$$

exist and they are bijective, since \mathcal{A} and \mathcal{A}^* are injective by definition. Furthermore, by (2.3) we have the refined Helmholtz type decompositions

$$(2.4) \quad D(\mathcal{A}) = N(\mathcal{A}) \oplus_{\mathcal{H}_1} D(\mathcal{A}), \quad D(\mathcal{A}^*) = N(\mathcal{A}^*) \oplus_{\mathcal{H}_2} D(\mathcal{A}^*)$$

and thus we obtain for the ranges

$$(2.5) \quad R(\mathcal{A}) = R(\mathcal{A}), \quad R(\mathcal{A}^*) = R(\mathcal{A}^*).$$

Using the closed range theorem and the closed graph theorem we get the following result.

Lemma 2.1. *The following assertions are equivalent:*

- (i) $\exists c_{\mathcal{A}} \in (0, \infty) \quad \forall x \in D(\mathcal{A}) \quad |x|_{\mathcal{H}_1} \leq c_{\mathcal{A}} |Ax|_{\mathcal{H}_2}$
- (i*) $\exists c_{\mathcal{A}^*} \in (0, \infty) \quad \forall y \in D(\mathcal{A}^*) \quad |y|_{\mathcal{H}_2} \leq c_{\mathcal{A}^*} |A^*y|_{\mathcal{H}_1}$
- (ii) $R(\mathcal{A}) = R(\mathcal{A})$ is closed in \mathcal{H}_2 .
- (ii*) $R(\mathcal{A}^*) = R(\mathcal{A}^*)$ is closed in \mathcal{H}_1 .
- (iii) $\mathcal{A}^{-1} : R(\mathcal{A}) \rightarrow D(\mathcal{A})$ is continuous and bijective with norm bounded by $(1 + c_{\mathcal{A}}^2)^{1/2}$.
- (iii*) $(\mathcal{A}^*)^{-1} : R(\mathcal{A}^*) \rightarrow D(\mathcal{A}^*)$ is continuous and bijective with norm bounded by $(1 + c_{\mathcal{A}^*}^2)^{1/2}$.

If one of these assertions holds true, e.g., (ii), $R(\mathcal{A}) = R(\mathcal{A})$ is closed, then

$$\begin{aligned} \mathcal{A} : D(\mathcal{A}) \subset R(\mathcal{A}^*) &\rightarrow R(\mathcal{A}), & D(\mathcal{A}) &= D(\mathcal{A}) \cap R(\mathcal{A}^*), \\ \mathcal{A}^* : D(\mathcal{A}^*) \subset R(\mathcal{A}) &\rightarrow R(\mathcal{A}^*), & D(\mathcal{A}^*) &= D(\mathcal{A}^*) \cap R(\mathcal{A}), \end{aligned}$$

and the Helmholtz type decompositions

$$\begin{aligned} \mathcal{H}_1 &= N(\mathcal{A}) \oplus_{\mathcal{H}_1} R(\mathcal{A}^*), & \mathcal{H}_2 &= N(\mathcal{A}^*) \oplus_{\mathcal{H}_2} R(\mathcal{A}), \\ D(\mathcal{A}) &= N(\mathcal{A}) \oplus_{\mathcal{H}_1} D(\mathcal{A}), & D(\mathcal{A}^*) &= N(\mathcal{A}^*) \oplus_{\mathcal{H}_2} D(\mathcal{A}^*) \end{aligned}$$

hold.

Throughout this paper we will assume that always the “best” Friedrichs/Poincaré type constants are chosen, i.e., $c_{\mathcal{A}}, c_{\mathcal{A}^*} \in (0, \infty]$ are given by the usual Rayleigh quotients

$$\frac{1}{c_{\mathcal{A}}} := \inf_{0 \neq x \in D(\mathcal{A})} \frac{|Ax|_{\mathcal{H}_2}}{|x|_{\mathcal{H}_1}}, \quad \frac{1}{c_{\mathcal{A}^*}} := \inf_{0 \neq y \in D(\mathcal{A}^*)} \frac{|A^*y|_{\mathcal{H}_1}}{|y|_{\mathcal{H}_2}}.$$

Lemma 2.2. *The Friedrichs/Poincaré type constants coincide, i.e., $c_{\mathcal{A}} = c_{\mathcal{A}^*} \in (0, \infty]$.*

Lemma 2.3. *The following assertions are equivalent:*

- (i) $D(\mathcal{A}) \overset{c}{\leftrightarrow} \mathcal{H}_1$ is compact.
- (i*) $D(\mathcal{A}^*) \overset{c}{\leftrightarrow} \mathcal{H}_2$ is compact.
- (ii) $\mathcal{A}^{-1} : R(\mathcal{A}) \rightarrow R(\mathcal{A}^*)$ is compact with norm $c_{\mathcal{A}}$.
- (ii*) $(\mathcal{A}^*)^{-1} : R(\mathcal{A}^*) \rightarrow R(\mathcal{A})$ is compact with norm $c_{\mathcal{A}^*} = c_{\mathcal{A}}$.

If one of these assertions holds true, e.g., (i), $D(\mathcal{A}) \overset{c}{\leftrightarrow} \mathcal{H}_1$ is compact, then (by a standard indirect argument showing Lemma 2.1 (i)) the assertions of the latter two lemmas hold. Especially, the Friedrichs/Poincaré type estimates hold, all ranges are closed and the inverse operators are compact.

Now, let $A_0 : D(A_0) \subset \mathcal{H}_0 \rightarrow \mathcal{H}_1$ and $A_1 : D(A_1) \subset \mathcal{H}_1 \rightarrow \mathcal{H}_2$ be (possibly unbounded) closed and densely defined linear operators on three Hilbert spaces $\mathcal{H}_0, \mathcal{H}_1$, and \mathcal{H}_2 with adjoints $A_0^* : D(A_0^*) \subset \mathcal{H}_1 \rightarrow \mathcal{H}_0$ and $A_1^* : D(A_1^*) \subset \mathcal{H}_2 \rightarrow \mathcal{H}_1$ as well as reduced operators $\mathcal{A}_0, \mathcal{A}_0^*$, and $\mathcal{A}_1, \mathcal{A}_1^*$. Furthermore, we assume the sequence or complex property of A_0 and A_1 , that is, $A_1 A_0 \subset 0$, i.e.,

$$(2.6) \quad R(\mathcal{A}_0) \subset N(\mathcal{A}_1).$$

Then also $A_0^* A_1^* \subset 0$, i.e., $R(A_1^*) \subset N(A_0^*)$, as for all $x \in D(A_0)$, $y \in R(A_1^*)$ with $y = A_1^* z$, $z \in D(A_1^*)$

$$\langle y, A_0 x \rangle_{H_1} = \langle A_1^* z, A_0 x \rangle_{H_1} = \langle z, A_1 A_0 x \rangle_{H_2} = 0.$$

The Helmholtz type decompositions (2.3) for $A = A_0$ and $A = A_1$ read, e.g.,

$$(2.7) \quad H_1 = \overline{R(A_0)} \oplus_{H_1} N(A_0^*), \quad H_1 = N(A_1) \oplus_{H_1} \overline{R(A_1^*)},$$

and by the complex properties (2.6) we obtain

$$\begin{aligned} D(A_1) &= \overline{R(A_0)} \oplus_{H_1} (D(A_1) \cap N(A_0^*)), & D(A_0^*) &= (D(A_0^*) \cap N(A_1)) \oplus_{H_1} \overline{R(A_1^*)}, \\ N(A_1) &= \overline{R(A_0)} \oplus_{H_1} N_{0,1}, & N(A_0^*) &= N_{0,1} \oplus_{H_1} \overline{R(A_1^*)}, \end{aligned}$$

where we define the cohomology group

$$N_{0,1} := N(A_1) \cap N(A_0^*).$$

Putting things together, the general refined Helmholtz type decomposition

$$(2.8) \quad H_1 = \overline{R(A_0)} \oplus_{H_1} N_{0,1} \oplus_{H_1} \overline{R(A_1^*)}, \quad R(A_0) = R(\mathcal{A}_0), \quad R(A_1^*) = R(\mathcal{A}_1^*)$$

holds. The previous results of this section imply immediately the following.

Lemma 2.4. *Let A_0, A_1 be as introduced before with $A_1 A_0 \subset 0$, i.e., (2.6). Moreover, let $R(A_0)$ and $R(A_1)$ be closed. Then, the assertions of Lemma 2.1 and Lemma 2.2 hold for A_0 and A_1 . Moreover, the refined Helmholtz type decompositions*

$$\begin{aligned} H_1 &= R(A_0) \oplus_{H_1} N_{0,1} \oplus_{H_1} R(A_1^*), \\ N(A_1) &= R(A_0) \oplus_{H_1} N_{0,1}, & N(A_0^*) &= N_{0,1} \oplus_{H_1} R(A_1^*), \\ D(A_1) &= R(A_0) \oplus_{H_1} N_{0,1} \oplus_{H_1} D(\mathcal{A}_1), & D(A_0^*) &= D(\mathcal{A}_0^*) \oplus_{H_1} N_{0,1} \oplus_{H_1} R(A_1^*), \\ D(A_1) \cap D(A_0^*) &= D(\mathcal{A}_0^*) \oplus_{H_1} N_{0,1} \oplus_{H_1} D(\mathcal{A}_1) \end{aligned}$$

hold. Especially,

$$R(A_0) = N(A_1) \cap N_{0,1}^{\perp H_1}, \quad R(A_0^*), \quad R(A_1), \quad R(A_1^*) = N(A_0^*) \cap N_{0,1}^{\perp H_1}$$

are closed, the respective inverse operators, i.e.,

$$\begin{aligned} \mathcal{A}_0^{-1} : R(A_0) &\rightarrow D(\mathcal{A}_0), & \mathcal{A}_1^{-1} : R(A_1) &\rightarrow D(\mathcal{A}_1), \\ (\mathcal{A}_0^*)^{-1} : R(A_0^*) &\rightarrow D(\mathcal{A}_0^*), & (\mathcal{A}_1^*)^{-1} : R(A_1^*) &\rightarrow D(\mathcal{A}_1^*), \end{aligned}$$

are continuous, and there exist positive constants c_{A_0}, c_{A_1} , such that the Friedrichs/Poincaré type estimates

$$\begin{aligned} \forall x \in D(\mathcal{A}_0) & \quad |x|_{H_0} \leq c_{A_0} |A_0 x|_{H_1}, & \forall y \in D(\mathcal{A}_1) & \quad |y|_{H_1} \leq c_{A_1} |A_1 y|_{H_2}, \\ \forall y \in D(\mathcal{A}_0^*) & \quad |y|_{H_1} \leq c_{A_0} |A_0^* y|_{H_0}, & \forall z \in D(\mathcal{A}_1^*) & \quad |z|_{H_2} \leq c_{A_1} |A_1^* z|_{H_1} \end{aligned}$$

hold.

Remark 2.5. *If, e.g., $D(\mathcal{A}_0) \hookrightarrow H_0$ and $D(\mathcal{A}_1) \hookrightarrow H_1$ are compact, then $R(A_0)$ and $R(A_1)$ are closed and hence the assertions of Lemma 2.4 hold. Moreover, the respective inverse operators, i.e.,*

$$\begin{aligned} \mathcal{A}_0^{-1} : R(A_0) &\rightarrow R(A_0^*), & \mathcal{A}_1^{-1} : R(A_1) &\rightarrow R(A_1^*), \\ (\mathcal{A}_0^*)^{-1} : R(A_0^*) &\rightarrow R(A_0), & (\mathcal{A}_1^*)^{-1} : R(A_1^*) &\rightarrow R(A_1), \end{aligned}$$

are compact.

By the complex property we observe $D(\mathcal{A}_1), D(\mathcal{A}_0^*) \subset D(A_1) \cap D(A_0^*)$. Utilizing the Helmholtz type decomposition (2.8) we immediately see the following.

Lemma 2.6. *The embeddings $D(\mathcal{A}_0) \hookrightarrow H_0$, $D(\mathcal{A}_1) \hookrightarrow H_1$, and $N_{0,1} \hookrightarrow H_1$ are compact, if and only if the embedding $D(A_1) \cap D(A_0^*) \hookrightarrow H_1$ is compact. In this case, $N_{0,1}$ has finite dimension.*

Remark 2.7. *Let us consider the sequence or complex*

$$(2.9) \quad D(A_0) \subset H_0 \xrightarrow{A_0} D(A_1) \subset H_1 \xrightarrow{A_1} H_2.$$

- (i) *The general assumptions on A_0 and A_1 are equivalent to the assumption that (2.9) is a Hilbert complex, meaning that the operators are closed and satisfy the complex property (2.6).*
- (ii) *The assumption that the ranges $R(A_0)$ and $R(A_1)$ are closed is equivalent to the assumption that (2.9) is a closed Hilbert complex.*
- (iii) *The assumption that the embeddings $D(A_0) \hookrightarrow H_0$ and $D(A_1) \hookrightarrow H_1$ are compact is equivalent to the assumption that (2.9) is a compact Hilbert complex, which is always closed.*
- (iv) *The assumption that the embedding $D(A_1) \cap D(A_0^*) \hookrightarrow H_1$ is compact is equivalent to the assumption that (2.9) is a Fredholm complex, meaning that the complex is compact and the cohomology group $N_{0,1}$ is finite dimensional.*

The strongest property (iv) is the most desirable one, and we can realize this in our applications. By the previous results, any property of the primal complex (2.9) is transferred to the corresponding property of the dual complex

$$H_0 \xleftarrow{A_0^*} D(A_0^*) \subset H_1 \xleftarrow{A_1^*} D(A_1^*) \subset H_2$$

and vice versa.

We can summarize.

Theorem 2.8. *Let A_0, A_1 be as introduced, i.e., having the complex property $R(A_0) \subset N(A_1)$. Moreover, let $D(A_1) \cap D(A_0^*) \hookrightarrow H_1$ be compact. Then the assertions of Lemma 2.4 hold, $N_{0,1}$ is finite dimensional and the corresponding inverse operators are continuous resp. compact. Especially, all ranges are closed and the corresponding Friedrichs/Poincaré type estimates hold.*

Theorem 2.9. *Let A_0, A_1 be as introduced, i.e., having the complex property $R(A_0) \subset N(A_1)$, and let $D(A_1) \cap D(A_0^*) \hookrightarrow H_1$ be compact. Then*

$$\forall x \in D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1} \quad |x|_{H_1}^2 \leq c_{A_0}^2 |A_0^* x|_{H_0}^2 + c_{A_1}^2 |A_1 x|_{H_2}^2.$$

Especially,

$$\forall x \in D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1} \quad |x|_{H_1} \leq \max\{c_{A_0}, c_{A_1}\} (|A_0^* x|_{H_0}^2 + |A_1 x|_{H_2}^2)^{1/2}.$$

Proof. Let $x \in D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1}$. By the Helmholtz type decomposition of Lemma 2.4 we have

$$D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1} = D(A_0^*) \oplus_{H_1} D(A_1)$$

and hence we can decompose

$$x = x_0 + x_1 \in D(A_0^*) \oplus_{H_1} D(A_1), \quad A_0^* x = A_0^* x_0, \quad A_1 x = A_1 x_1.$$

By orthogonality and the Friedrichs/Poincaré type estimates we get

$$|x|_{H_1}^2 = |x_0|_{H_1}^2 + |x_1|_{H_1}^2 \leq c_{A_0}^2 |A_0^* x_0|_{H_0}^2 + c_{A_1}^2 |A_1 x_1|_{H_2}^2 = c_{A_0}^2 |A_0^* x|_{H_0}^2 + c_{A_1}^2 |A_1 x|_{H_2}^2,$$

completing the proof. □

Remark 2.10. *In Theorem 2.9 $\max\{c_{A_0}, c_{A_1}\} = c_{A_0, A_1}$ is the best constant (or sharp), where*

$$\frac{1}{c_{A_0, A_1}^2} := \inf_{0 \neq x \in D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1}} \frac{|A_0^* x|_{H_0}^2 + |A_1 x|_{H_2}^2}{|x|_{H_1}^2}.$$

It is clear that $c_{A_0, A_1} \leq \max\{c_{A_0}, c_{A_1}\}$ holds by Theorem 2.9. On the other hand, looking at the subspaces (ranges) of the Helmholtz type decompositions one obtains immediately $c_{A_0} \leq c_{A_0, A_1}$, if, e.g., $\max\{c_{A_0}, c_{A_1}\} = c_{A_0}$.

2.2. Applications to Differential Forms. We will apply Theorem 2.9 in our differential form setting. As closure of the exterior derivative defined on $\mathring{C}^{\infty,q}(\Omega)$ as an unbounded operator on $L^2(\Omega)$ we get that

$$\mathring{d}_q : \mathring{D}^q(\Omega) \subset L^{2,q}(\Omega) \rightarrow L^{2,q+1}(\Omega)$$

is a closed and densely defined linear operator with closed adjoint

$$\mathring{d}_q^* = \delta_{q+1} : \Delta^{q+1}(\Omega) \subset L^{2,q+1}(\Omega) \rightarrow L^{2,q}(\Omega).$$

These operators satisfy the natural complex property $\mathring{d}_{q+1} \mathring{d}_q \subset 0$, i.e., $R(\mathring{d}_q) \subset N(\mathring{d}_{q+1})$, and thus also $\delta_q \delta_{q+1} \subset 0$, i.e., $R(\delta_{q+1}) \subset N(\delta_q)$. Analogously or using the $*$ -operator we can define closed operators for the other boundary condition, i.e.,

$$d_q : D^q(\Omega) \subset L^{2,q}(\Omega) \rightarrow L^{2,q+1}(\Omega), \quad d_q^* = \mathring{\delta}_{q+1} : \mathring{\Delta}^{q+1}(\Omega) \subset L^{2,q+1}(\Omega) \rightarrow L^{2,q}(\Omega),$$

which also satisfy the complex properties, i.e., $d_{q+1} d_q \subset 0$ and $\mathring{\delta}_q \mathring{\delta}_{q+1} \subset 0$. Note that

$$\begin{aligned} D(\mathring{d}_q) &= \mathring{D}^q(\Omega), & D(d_q) &= D^q(\Omega), & D(\mathring{\delta}_q) &= \mathring{\Delta}^q(\Omega), & D(\delta_q) &= \Delta^q(\Omega), \\ N(\mathring{d}_q) &= \mathring{D}_0^q(\Omega), & N(d_q) &= D_0^q(\Omega), & N(\mathring{\delta}_q) &= \mathring{\Delta}_0^q(\Omega), & N(\delta_q) &= \Delta_0^q(\Omega). \end{aligned}$$

By (2.1) we get trivially the rules of partial integration, i.e.,

$$(2.10) \quad \begin{aligned} \forall \omega \in \mathring{D}^q(\Omega) \quad \forall \zeta \in \Delta^{q+1}(\Omega) \quad & \langle \mathring{d}_q \omega, \zeta \rangle_{L^{2,q+1}(\Omega)} = -\langle \omega, \delta_{q+1} \zeta \rangle_{L^{2,q}(\Omega)}, \\ \forall \omega \in D^q(\Omega) \quad \forall \zeta \in \mathring{\Delta}^{q+1}(\Omega) \quad & \langle d_q \omega, \zeta \rangle_{L^{2,q+1}(\Omega)} = -\langle \omega, \mathring{\delta}_{q+1} \zeta \rangle_{L^{2,q}(\Omega)}. \end{aligned}$$

(2.2) provides a useful characterization of homogeneous boundary conditions, i.e.,

$$\begin{aligned} \mathring{D}^q(\Omega) &= D(\mathring{d}_q) = D((\mathring{d}_q^*)^*) = D(\delta_{q+1}^*) \\ &= \{ \omega \in L^{2,q}(\Omega) : \exists \zeta \in L^{2,q+1}(\Omega) \forall \varphi \in D(\delta_{q+1}) = \Delta^{q+1}(\Omega) \quad \langle \omega, \delta_{q+1} \varphi \rangle_{L^{2,q}(\Omega)} = \langle \zeta, \varphi \rangle_{L^{2,q+1}(\Omega)} \} \\ &= \{ \omega \in D^q(\Omega) : \forall \varphi \in \Delta^{q+1}(\Omega) \quad \langle \omega, \delta_{q+1} \varphi \rangle_{L^{2,q}(\Omega)} = \langle d_q \omega, \varphi \rangle_{L^{2,q+1}(\Omega)} \}, \end{aligned}$$

and analogously or by the $*$ -operator we also get

$$(2.11) \quad \mathring{\Delta}^q(\Omega) = \{ \omega \in L^{2,q}(\Omega) : \exists \xi \in L^{2,q-1}(\Omega) \forall \varphi \in D^{q-1}(\Omega) \quad \langle \omega, d_{q-1} \varphi \rangle_{L^{2,q}(\Omega)} = \langle \xi, \varphi \rangle_{L^{2,q-1}(\Omega)} \}.$$

In the following we will skip the index q on the operators and write just \mathring{d} , d and $\mathring{\delta}$, δ . To incorporate the material law ϵ we need to modify these operators slightly. For this, let us fix some $q = 0, \dots, N$ and let ϵ be an admissible transformation on q -forms. Defining the closed and densely defined linear operators

$$A_0 := \mathring{d} : \mathring{D}^{q-1}(\Omega) \subset L^{2,q-1}(\Omega) \rightarrow L_\epsilon^{2,q}(\Omega), \quad A_1 := \mathring{d} : \mathring{D}^q(\Omega) \subset L_\epsilon^{2,q}(\Omega) \rightarrow L^{2,q+1}(\Omega),$$

we see that their closed adjoints are

$$A_0^* = \mathring{d}^* = \delta \epsilon : \epsilon^{-1} \Delta^q(\Omega) \subset L_\epsilon^{2,q}(\Omega) \rightarrow L^{2,q-1}(\Omega), \quad A_1^* = \mathring{d}^* = \epsilon^{-1} \delta : \Delta^{q+1}(\Omega) \subset L^{2,q+1}(\Omega) \rightarrow L_\epsilon^{2,q}(\Omega).$$

Again these operators satisfy the complex property $A_1 A_0 = \mathring{d} \mathring{d} \subset 0$, i.e., $R(\mathring{d}) \subset N(\mathring{d})$, and thus also $A_0^* A_1^* = \delta \epsilon \epsilon^{-1} \delta \subset 0$, i.e., $R(\epsilon^{-1} \delta) \subset N(\delta \epsilon)$. As before, analogously or using the $*$ -operator we can also define the closed operators

$$\begin{aligned} \tilde{A}_0 &:= d : D^{q-1}(\Omega) \subset L^{2,q-1}(\Omega) \rightarrow L_\epsilon^{2,q}(\Omega), & \tilde{A}_1 &:= d : D^q(\Omega) \subset L_\epsilon^{2,q}(\Omega) \rightarrow L^{2,q+1}(\Omega), \\ \tilde{A}_0^* &= d^* = \mathring{\delta} \epsilon : \epsilon^{-1} \mathring{\Delta}^q(\Omega) \subset L_\epsilon^{2,q}(\Omega) \rightarrow L^{2,q-1}(\Omega), & \tilde{A}_1^* &= d^* = \epsilon^{-1} \mathring{\delta} : \mathring{\Delta}^{q+1}(\Omega) \subset L^{2,q+1}(\Omega) \rightarrow L_\epsilon^{2,q}(\Omega), \end{aligned}$$

which satisfy the complex properties as well.

We will focus on the operators A_0, A_1, A_0^*, A_1^* . At this point let us note that all results of the Functional Analysis Toolbox Section 2.1 are applicable since by Weck's selection theorem (1.14) the embedding

$$D(A_1) \cap D(A_0^*) = \mathring{D}^q(\Omega) \cap \epsilon^{-1} \Delta^q(\Omega) \hookrightarrow L_\epsilon^{2,q}(\Omega) = H_1$$

is compact, see, e.g., Theorem 2.8. Especially, all ranges are closed, the inverse operators are continuous resp. compact, the corresponding Friedrichs/Poincaré type estimates and Helmholtz type decompositions hold, and the cohomology group

$$N_{0,1} = N(A_1) \cap N(A_0^*) = \mathring{D}_0^q(\Omega) \cap \epsilon^{-1} \Delta_0^q(\Omega) = \mathcal{H}_{D,\epsilon}^q(\Omega)$$

has finite dimension. The corresponding reduced operators are

$$\begin{aligned}\mathcal{A}_0 &= \mathring{d} : \mathring{D}^{q-1}(\Omega) \cap \delta \Delta^q(\Omega) \subset \delta \Delta^q(\Omega) \rightarrow \mathring{d} \mathring{D}^{q-1}(\Omega), \\ \mathcal{A}_0^* &= \delta \epsilon : \epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega) \subset \mathring{d} \mathring{D}^{q-1}(\Omega) \rightarrow \delta \Delta^q(\Omega), \\ \mathcal{A}_1 &= \mathring{d} : \mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega) \subset \epsilon^{-1} \delta \Delta^{q+1}(\Omega) \rightarrow \mathring{d} \mathring{D}^q(\Omega), \\ \mathcal{A}_1^* &= \epsilon^{-1} \delta : \Delta^{q+1}(\Omega) \cap \mathring{d} \mathring{D}^q(\Omega) \subset \mathring{d} \mathring{D}^q(\Omega) \rightarrow \epsilon^{-1} \delta \Delta^{q+1}(\Omega),\end{aligned}$$

where $\mathring{d} \mathring{D}^{q-1}(\Omega)$ and $\epsilon^{-1} \delta \Delta^{q+1}(\Omega)$ have to be understood as closed subspaces of $L^2_{\epsilon}(\Omega)$. In this case, Lemma 2.4 and Theorem 2.8 read as follows.

Corollary 2.11. *The refined Helmholtz type decompositions*

$$\begin{aligned}L^2_{\epsilon}(\Omega) &= \mathring{d} \mathring{D}^{q-1}(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \epsilon^{-1} \delta \Delta^{q+1}(\Omega), \\ \mathring{D}_0^q(\Omega) &= \mathring{d} \mathring{D}^{q-1}(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega), \\ \epsilon^{-1} \Delta_0^q(\Omega) &= \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \epsilon^{-1} \delta \Delta^{q+1}(\Omega), \\ \mathring{D}^q(\Omega) &= \mathring{d} \mathring{D}^{q-1}(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} (\mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega)), \\ \epsilon^{-1} \Delta^q(\Omega) &= (\epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega)) \oplus_{L^2_{\epsilon}(\Omega)} \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} \epsilon^{-1} \delta \Delta^{q+1}(\Omega), \\ \mathring{D}^q(\Omega) \cap \epsilon^{-1} \Delta^q(\Omega) &= (\epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega)) \oplus_{L^2_{\epsilon}(\Omega)} \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) \oplus_{L^2_{\epsilon}(\Omega)} (\mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega))\end{aligned}$$

hold, all ranges

$$\begin{aligned}\mathring{D}_0^q(\Omega) \cap \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega)^{\perp_{L^2_{\epsilon}(\Omega)}} &= \mathring{d} \mathring{D}^{q-1}(\Omega) = \mathring{d} (\mathring{D}^{q-1}(\Omega) \cap \delta \Delta^q(\Omega)), \\ \mathring{d} \mathring{D}^q(\Omega) &= \mathring{d} (\mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega)), \\ \delta \Delta^q(\Omega) &= \delta (\epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega)), \\ \epsilon^{-1} \Delta_0^q(\Omega) \cap \mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega)^{\perp_{L^2_{\epsilon}(\Omega)}} &= \epsilon^{-1} \delta \Delta^{q+1}(\Omega) = \epsilon^{-1} \delta (\Delta^{q+1}(\Omega) \cap \mathring{d} \mathring{D}^q(\Omega))\end{aligned}$$

are closed, the space of Dirichlet forms $\mathcal{H}_{\mathring{D}, \epsilon}^q(\Omega) = \mathring{D}_0^q(\Omega) \cap \epsilon^{-1} \Delta_0^q(\Omega)$ is finite dimensional, the respective inverse operators, i.e.,

$$\begin{aligned}\mathcal{A}_0^{-1} &= \mathring{d}^{-1} : \mathring{d} \mathring{D}^{q-1}(\Omega) \rightarrow \mathring{D}^{q-1}(\Omega) \cap \delta \Delta^q(\Omega), \\ \mathcal{A}_1^{-1} &= \mathring{d}^{-1} : \mathring{d} \mathring{D}^q(\Omega) \rightarrow \mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega), \\ (\mathcal{A}_0^*)^{-1} &= (\delta \epsilon)^{-1} : \delta \Delta^q(\Omega) \rightarrow (\epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega)), \\ (\mathcal{A}_1^*)^{-1} &= (\epsilon^{-1} \delta)^{-1} : \epsilon^{-1} \delta \Delta^{q+1}(\Omega) \rightarrow \Delta^{q+1}(\Omega) \cap \mathring{d} \mathring{D}^q(\Omega),\end{aligned}$$

are continuous, and there exist positive constants $c_{A_0} = \tilde{c}_{\mathring{d}, t, q-1, \epsilon}$ and $c_{A_1} = c_{\mathring{d}, t, q, \epsilon}$, such that the Friedrichs/Poincaré type estimates

$$\begin{aligned}\forall \xi \in \mathring{D}^{q-1}(\Omega) \cap \delta \Delta^q(\Omega) & \quad |\xi|_{L^{2, q-1}(\Omega)} \leq \tilde{c}_{\mathring{d}, t, q-1, \epsilon} |\mathring{d} \xi|_{L^2_{\epsilon}(\Omega)}, \\ \forall \omega \in \mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega) & \quad |\omega|_{L^2_{\epsilon}(\Omega)} \leq c_{\mathring{d}, t, q, \epsilon} |\mathring{d} \omega|_{L^{2, q+1}(\Omega)}, \\ \forall \omega \in \epsilon^{-1} \Delta^q(\Omega) \cap \mathring{d} \mathring{D}^{q-1}(\Omega) & \quad |\omega|_{L^2_{\epsilon}(\Omega)} \leq \tilde{c}_{\mathring{d}, t, q-1, \epsilon} |\delta \epsilon \omega|_{L^{2, q-1}(\Omega)}, \\ \forall \zeta \in \Delta^{q+1}(\Omega) \cap \mathring{d} \mathring{D}^q(\Omega) & \quad |\zeta|_{L^{2, q+1}(\Omega)} \leq c_{\mathring{d}, t, q, \epsilon} |\epsilon^{-1} \delta \zeta|_{L^2_{\epsilon}(\Omega)}\end{aligned}$$

hold.

Remark 2.12. *The corresponding corollary holds for the other boundary conditions on $\mathring{\Delta}^{\cdots}(\Omega)$ for the operators $\tilde{A}_0, \tilde{A}_0^*, \tilde{A}_1, \tilde{A}_1^*$ as well.*

For $\epsilon = \text{id}$ just one constant for a single q is needed. More precisely:

Lemma 2.13. *Let $\epsilon = \text{id}$. Then for all q*

$$\tilde{c}_{\dot{d},t,q}^{\dot{\delta}} = c_{\dot{d},t,q}^{\dot{\delta}}$$

and the Friedrichs/Poincaré type estimates

$$\begin{aligned} \forall \omega \in \dot{D}^q(\Omega) \cap \delta \Delta^{q+1}(\Omega) & \quad |\omega|_{L^{2,q}(\Omega)} \leq c_{\dot{d},t,q}^{\dot{\delta}} |\dot{d}\omega|_{L^{2,q+1}(\Omega)}, \\ \forall \zeta \in \Delta^{q+1}(\Omega) \cap \dot{d}\dot{D}^q(\Omega) & \quad |\zeta|_{L^{2,q+1}(\Omega)} \leq c_{\dot{d},t,q}^{\dot{\delta}} |\delta\zeta|_{L^{2,q}(\Omega)} \end{aligned}$$

hold. Applying the $*$ -operator we have

$$\begin{aligned} \forall \omega \in \dot{\Delta}^{N-q}(\Omega) \cap \dot{d}D^{N-q-1}(\Omega) & \quad |\omega|_{L^{2,N-q}(\Omega)} \leq c_{\dot{d},t,q}^{\dot{\delta}} |\dot{\delta}\omega|_{L^{2,N-q-1}(\Omega)}, \\ \forall \zeta \in D^{N-q-1}(\Omega) \cap \dot{\delta}\dot{\Delta}^{N-q}(\Omega) & \quad |\zeta|_{L^{2,N-q-1}(\Omega)} \leq c_{\dot{d},t,q}^{\dot{\delta}} |\dot{d}\zeta|_{L^{2,N-q}(\Omega)}. \end{aligned}$$

All these four Friedrichs/Poincaré type estimates hold with the same best constants $c_{\dot{d},t,q}^{\dot{\delta}}$.

With these settings our estimate of interest (1.15), i.e.,

$$|\omega|_{L_{\epsilon}^{2,q}(\Omega)} \leq c_{t,q,\epsilon} (|\dot{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\epsilon\omega|_{L^{2,q-1}(\Omega)}^2)^{1/2}$$

for all $\omega \in \dot{D}^q(\Omega) \cap \epsilon^{-1}\Delta^q(\Omega) \cap \mathcal{H}_{D,\epsilon}^q(\Omega) \stackrel{\perp}{L_{\epsilon}^{2,q}(\Omega)}$, reads

$$\forall x \in D(A_1) \cap D(A_0^*) \cap N_{0,1}^{\perp H_1} \quad |x|_{H_1} \leq c_{A_0,A_1} (|A_1x|_{H_2}^2 + |A_0^*x|_{H_0}^2)^{1/2}$$

and by Theorem 2.9 and Remark 2.10 we know

$$c_{t,q,\epsilon} = c_{A_0,A_1} = \max\{c_{A_0}, c_{A_1}\} = \max\{\tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}, c_{\dot{d},t,q,\epsilon}^{\dot{\delta}}\}$$

using the notations from Corollary 2.11. More precisely, Theorem 2.9 shows:

Corollary 2.14. *For all $\omega \in \dot{D}^q(\Omega) \cap \epsilon^{-1}\Delta^q(\Omega) \cap \mathcal{H}_{D,\epsilon}^q(\Omega) \stackrel{\perp}{L_{\epsilon}^{2,q}(\Omega)}$*

$$|\omega|_{L_{\epsilon}^{2,q}(\Omega)} \leq c_{\dot{d},t,q,\epsilon}^{\dot{\delta}} |\dot{d}\omega|_{L^{2,q+1}(\Omega)} + \tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} |\delta\epsilon\omega|_{L^{2,q-1}(\Omega)}$$

and hence

$$|\omega|_{L_{\epsilon}^{2,q}(\Omega)} \leq c_{t,q,\epsilon} (|\dot{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\epsilon\omega|_{L^{2,q-1}(\Omega)}^2)^{1/2}, \quad c_{t,q,\epsilon} = \max\{\tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}, c_{\dot{d},t,q,\epsilon}^{\dot{\delta}}\}.$$

3. MAIN RESULTS

By Corollary 2.14 we have to find upper and lower bounds for the constants $\tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}$ and $c_{\dot{d},t,q,\epsilon}^{\dot{\delta}}$. As a first step, we take care of the dependencies on the transformation ϵ .

Lemma 3.1. *It holds*

$$\frac{c_{\dot{d},t,q-1}^{\dot{\delta}}}{\bar{\epsilon}} \leq \tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} \leq c_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}, \quad \frac{c_{\dot{d},t,q}^{\dot{\delta}}}{\underline{\epsilon}} \leq c_{\dot{d},t,q,\epsilon}^{\dot{\delta}} \leq c_{\dot{d},t,q}^{\dot{\delta}} \bar{\epsilon}.$$

Moreover,

$$\frac{\min\{c_{\dot{d},t,q-1}^{\dot{\delta}}, c_{\dot{d},t,q}^{\dot{\delta}}\}}{\hat{\epsilon}} \leq c_{t,q,\epsilon} = \max\{\tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}, c_{\dot{d},t,q,\epsilon}^{\dot{\delta}}\} \leq \max\{c_{\dot{d},t,q-1}^{\dot{\delta}}, c_{\dot{d},t,q}^{\dot{\delta}}\} \hat{\epsilon}.$$

Proof. Let $\xi \in \dot{D}^{q-1}(\Omega) \cap \delta\Delta^q(\Omega)$. By Lemma 2.13 and (1.12), (1.13) we see

$$|\xi|_{L^{2,q-1}(\Omega)} \leq c_{\dot{d},t,q-1}^{\dot{\delta}} |\dot{d}\xi|_{L^{2,q}(\Omega)} \leq c_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} |\dot{d}\xi|_{L_{\epsilon}^{2,q}(\Omega)},$$

and hence $\tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} \leq c_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}}$. On the other hand, by Corollary 2.11 and (1.12), (1.13)

$$|\xi|_{L^{2,q-1}(\Omega)} \leq \tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} |\dot{d}\xi|_{L_{\epsilon}^{2,q}(\Omega)} \leq \tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} \bar{\epsilon} |\dot{d}\xi|_{L^{2,q}(\Omega)}$$

holds, and hence by Lemma 2.13 $c_{\dot{d},t,q-1}^{\dot{\delta}} \leq \tilde{c}_{\dot{d},t,q-1,\epsilon}^{\dot{\delta}} \bar{\epsilon}$. Now, pick $\omega \in \dot{D}^q(\Omega) \cap \epsilon^{-1}\delta\Delta^{q+1}(\Omega)$. According to Corollary 2.11 (with $\epsilon = \text{id}$) it holds

$$\dot{D}^q(\Omega) = \dot{D}_0^q(\Omega) \oplus_{L^{2,q}(\Omega)} (\dot{D}^q(\Omega) \cap \delta\Delta^{q+1}(\Omega))$$

and we can decompose

$$\omega = \omega_0 + \omega_\delta, \quad \omega_0 \in \mathring{D}_0^q(\Omega), \quad \omega_\delta \in \mathring{D}^q(\Omega) \cap \delta \Delta^{q+1}(\Omega)$$

with $\mathring{d}\omega = \mathring{d}\omega_\delta$. By orthogonality as well as Lemma 2.13 and (1.12), (1.13) we have

$$|\omega|_{\mathring{L}_\epsilon^{2,q}(\Omega)}^2 = \langle \epsilon \omega, \omega_\delta \rangle_{L^{2,q}(\Omega)} \leq c_{\mathring{d},t,q}^* |\epsilon \omega|_{L^{2,q}(\Omega)} |\mathring{d}\omega|_{L^{2,q+1}(\Omega)} \leq c_{\mathring{d},t,q}^* \bar{\epsilon} |\omega|_{\mathring{L}_\epsilon^{2,q}(\Omega)} |\mathring{d}\omega|_{L^{2,q+1}(\Omega)},$$

and thus $c_{\mathring{d},t,q,\epsilon}^* \leq c_{\mathring{d},t,q}^* \bar{\epsilon}$. On the other hand, let $\omega \in \mathring{D}^q(\Omega) \cap \delta \Delta^{q+1}(\Omega)$. According to Corollary 2.11 it holds

$$\mathring{D}^q(\Omega) = \mathring{D}_0^q(\Omega) \oplus_{\mathring{L}_\epsilon^{2,q}(\Omega)} (\mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega))$$

and we can decompose

$$\omega = \omega_0 + \omega_\delta, \quad \omega_0 \in \mathring{D}_0^q(\Omega), \quad \omega_\delta \in \mathring{D}^q(\Omega) \cap \epsilon^{-1} \delta \Delta^{q+1}(\Omega)$$

with $\mathring{d}\omega = \mathring{d}\omega_\delta$. By orthogonality as well as Corollary 2.11 and (1.12), (1.13) we have

$$|\omega|_{\mathring{L}_\epsilon^{2,q}(\Omega)}^2 = \langle \omega, \omega_\delta \rangle_{L^{2,q}(\Omega)} \leq \underline{\epsilon} |\omega|_{L^{2,q}(\Omega)} |\omega_\delta|_{\mathring{L}_\epsilon^{2,q}(\Omega)} \leq c_{\mathring{d},t,q,\epsilon}^* |\omega|_{L^{2,q}(\Omega)} |\mathring{d}\omega|_{L^{2,q+1}(\Omega)},$$

and thus $c_{\mathring{d},t,q}^* \leq c_{\mathring{d},t,q,\epsilon}^*$. \square

It remains to estimate for all q the constants $c_{\mathring{d},t,q}^*$. For this we need the following result about regularity and Gaffney's inequality in convex domains.

Lemma 3.2. *Assume Ω additionally to be convex. Let $\omega \in \mathring{D}^q(\Omega) \cap \Delta^q(\Omega)$ or $\omega \in D^q(\Omega) \cap \mathring{\Delta}^q(\Omega)$. Then $\omega \in H^{1,q}(\Omega)$ and*

$$|\nabla \vec{\omega}|_{L^2(\Omega)}^2 \leq |d\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\omega|_{L^{2,q-1}(\Omega)}^2.$$

We will give a simple proof in Appendix A, only based on the well known corresponding result for smooth and convex domains, see (1.20). A proof of Lemma 3.2 can also be found in the nice paper of Mitrea [13, Theorem 5.5], see also [13, Corollary 5.6]. For $N = 3$, partial and weaker results have been established earlier in [26, 1.4 Satz, 5.5 Satz], [28, Theorem 3.1], [5, Corollary 3.6, Theorem 3.9], [1, Theorem 2.17]. Note that for all $\omega \in \mathring{H}^{1,q}(\Omega)$ Gaffney's equation

$$(3.1) \quad |\nabla \vec{\omega}|_{L^2(\Omega)}^2 = |d\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\omega|_{L^{2,q-1}(\Omega)}^2$$

holds, and that for convex domains all cohomology groups are trivial, i.e., $\mathcal{H}_{D,\epsilon}^q(\Omega) = \{0\}$.

Now we can prove the key result for upper bounds.

Lemma 3.3. *Assume Ω additionally to be convex. Then $c_{\mathring{d},t,q}^* \leq c_p$.*

Proof. By Lemma 2.13 we may pick $\zeta \in \Delta^{q+1}(\Omega) \cap \mathring{d}\mathring{D}^q(\Omega) = \Delta^{q+1}(\Omega) \cap \mathring{D}_0^{q+1}(\Omega)$. Hence $\zeta = \mathring{d}\omega$ with some $\omega \in \mathring{D}^q(\Omega)$. Lemma 3.2 shows $\zeta \in H^{1,q+1}(\Omega)$ and for all $a \in \mathbb{R}$ and all I it holds

$$\langle \zeta_I, a \rangle_{L^2(\Omega)} = \langle \zeta, a dx^I \rangle_{L^{2,q+1}(\Omega)} = a \langle \mathring{d}\omega, dx^I \rangle_{L^{2,q+1}(\Omega)} = -a \langle \omega, \delta dx^I \rangle_{L^{2,q}(\Omega)} = 0.$$

Thus $\zeta_I \in H^1(\Omega) \cap \mathbb{R}^{1-L^2(\Omega)}$ for all I and we can apply the Poincaré estimate and Lemma 3.2 to obtain

$$|\zeta|_{L^{2,q+1}(\Omega)}^2 = \sum_I |\zeta_I|_{L^2(\Omega)}^2 \leq c_p^2 \sum_I |\nabla \zeta_I|_{L^2(\Omega)}^2 = c_p^2 |\nabla \vec{\zeta}|_{L^2(\Omega)}^2 \leq c_p^2 |\delta \zeta|_{L^{2,q}(\Omega)}^2.$$

Hence $c_{\mathring{d},t,q}^* \leq c_p$. \square

A proof of Lemma 3.3 can also be found in [13, Corollary 5.10], where the estimates are equivalently formulated in terms of estimates for eigenvalues. For $N = 3$, the tangential boundary condition in $\mathring{H}(\text{curl}, \Omega)$, and smooth convex domains the result has also been established in [2, Theorem 3.1]. In both papers, especially in [2], the proof is more lengthy and complicated than our short proof.

For lower bounds we have the following.

Lemma 3.4. *Assume Ω additionally to be topologically trivial. Then $c_{t,q} \geq c_f$.*

Proof. As Ω is topologically trivial, all cohomology groups vanish. Therefore, for all $u \in \mathring{H}^1(\Omega)$ and some I and with $\omega := u dx^I \in \mathring{H}^{1,q}(\Omega) \subset \mathring{D}^q(\Omega) \cap \mathring{\Delta}^q(\Omega)$ we compute by (1.15) and (3.1)

$$|u|_{L^2(\Omega)} = |\omega|_{L^{2,q}(\Omega)} \leq c_{t,q} \left(|\mathrm{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\omega|_{L^{2,q-1}(\Omega)}^2 \right)^{1/2} = c_{t,q} |\nabla \vec{\omega}|_{L^2(\Omega)} = c_{t,q} |\nabla u|_{L^2(\Omega)}.$$

Thus $c_f \leq c_{t,q}$. \square

Lemma 3.5. *Assume Ω additionally to be topologically trivial. Then $c_{t,q,\epsilon} \geq \frac{c_f}{\bar{\epsilon}}$.*

Proof. It holds $c_{t,q} = \max\{c_{\mathring{d},t,q-1}^{\mathring{d}}, c_{\mathring{d},t,q}^{\mathring{d}}\}$ and $c_{t,q,\epsilon} = \max\{\tilde{c}_{\mathring{d},t,q-1,\epsilon}^{\mathring{d}}, c_{\mathring{d},t,q,\epsilon}^{\mathring{d}}\}$. If $c_{t,q} = c_{\mathring{d},t,q-1}^{\mathring{d}}$, then by Lemma 3.1 and Lemma 3.4

$$c_{t,q,\epsilon} \geq \tilde{c}_{\mathring{d},t,q-1,\epsilon}^{\mathring{d}} \geq \frac{c_{\mathring{d},t,q-1}^{\mathring{d}}}{\bar{\epsilon}} = \frac{c_{t,q}}{\bar{\epsilon}} \geq \frac{c_f}{\bar{\epsilon}}.$$

If $c_{t,q} = c_{\mathring{d},t,q}^{\mathring{d}}$, then by Lemma 3.1 and Lemma 3.4

$$c_{t,q,\epsilon} \geq c_{\mathring{d},t,q,\epsilon}^{\mathring{d}} \geq \frac{c_{\mathring{d},t,q}^{\mathring{d}}}{\underline{\epsilon}} = \frac{c_{t,q}}{\underline{\epsilon}} \geq \frac{c_f}{\hat{\epsilon}},$$

completing the proof. \square

Combining Corollary 2.14, Lemma 3.1, Lemma 3.3, Lemma 3.4, and Lemma 3.5 we can formulate our main result.

Theorem 3.6. *Assume Ω additionally to be convex. Then for all $\omega \in \mathring{D}^q(\Omega) \cap \epsilon^{-1}\Delta^q(\Omega)$*

$$\begin{aligned} |\omega|_{L^{2,q}(\Omega)}^2 &\leq c_{\mathring{d},t,q,\epsilon}^2 |\mathring{d}\omega|_{L^{2,q+1}(\Omega)}^2 + \tilde{c}_{\mathring{d},t,q-1,\epsilon}^2 |\delta\epsilon\omega|_{L^{2,q-1}(\Omega)}^2 \\ &\leq c_{t,q,\epsilon}^2 \left(|\mathring{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta\epsilon\omega|_{L^{2,q-1}(\Omega)}^2 \right). \end{aligned}$$

Moreover,

$$\frac{c_{\mathring{d},t,q-1}^{\mathring{d}}}{\bar{\epsilon}} \leq \tilde{c}_{\mathring{d},t,q-1,\epsilon}^{\mathring{d}} \leq c_{\mathring{d},t,q-1,\epsilon}^{\mathring{d}} \leq c_p \underline{\epsilon}, \quad \frac{c_{\mathring{d},t,q}^{\mathring{d}}}{\underline{\epsilon}} \leq c_{\mathring{d},t,q,\epsilon}^{\mathring{d}} \leq c_{\mathring{d},t,q,\bar{\epsilon}}^{\mathring{d}} \leq c_p \bar{\epsilon}$$

as well as

$$\frac{c_f}{\hat{\epsilon}} \leq c_{t,q,\epsilon} = \max\{\tilde{c}_{\mathring{d},t,q-1,\epsilon}^{\mathring{d}}, c_{\mathring{d},t,q,\epsilon}^{\mathring{d}}\} \leq c_p \hat{\epsilon}, \quad c_p \leq \frac{\mathrm{diam}(\Omega)}{\pi}.$$

Especially, for $\epsilon = \mathrm{id}$ it holds for all q

$$(3.2) \quad \tilde{c}_{\mathring{d},t,q}^{\mathring{d}} = c_{\mathring{d},t,q}^{\mathring{d}} \leq c_p, \quad c_f \leq c_{t,q} = \max\{c_{\mathring{d},t,q-1}^{\mathring{d}}, c_{\mathring{d},t,q}^{\mathring{d}}\} \leq c_p \leq \frac{\mathrm{diam}(\Omega)}{\pi}.$$

The corresponding theorem holds for the other boundary condition as well.

Corollary 3.7. *Assume Ω additionally to be convex. Then for all $\omega \in D^q(\Omega) \cap \epsilon^{-1}\mathring{\Delta}^q(\Omega)$*

$$\begin{aligned} |\omega|_{L^{2,q}(\Omega)}^2 &\leq \tilde{c}_{\mathring{d},t,N-q-1,\mu}^2 |\mathrm{d}\omega|_{L^{2,q+1}(\Omega)}^2 + c_{\mathring{d},t,N-q,\mu}^2 |\mathring{\delta}\epsilon\omega|_{L^{2,q-1}(\Omega)}^2 \\ &\leq c_{t,N-q,\mu}^2 \left(|\mathrm{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\mathring{\delta}\epsilon\omega|_{L^{2,q-1}(\Omega)}^2 \right), \end{aligned}$$

where $\mu := (-1)^{q(N-q)} * \epsilon^{-1} *$. Moreover,

$$\frac{c_{\mathring{d},t,N-q-1}^{\mathring{d}}}{\underline{\epsilon}} \leq \tilde{c}_{\mathring{d},t,N-q-1,\mu}^{\mathring{d}} \leq c_{\mathring{d},t,N-q-1,\mu}^{\mathring{d}} \leq c_p \bar{\epsilon}, \quad \frac{c_{\mathring{d},t,N-q}^{\mathring{d}}}{\bar{\epsilon}} \leq c_{\mathring{d},t,N-q,\mu}^{\mathring{d}} \leq c_{\mathring{d},t,N-q,\underline{\epsilon}}^{\mathring{d}} \leq c_p \underline{\epsilon}$$

as well as

$$\frac{c_f}{\hat{\epsilon}} \leq c_{t,N-q,\mu} = \max\{\tilde{c}_{\mathring{d},t,N-q-1,\mu}^{\mathring{d}}, c_{\mathring{d},t,N-q,\mu}^{\mathring{d}}\} \leq c_p \hat{\epsilon}, \quad c_p \leq \frac{\mathrm{diam}(\Omega)}{\pi}.$$

Especially, (3.2) holds for $\epsilon = \mathrm{id}$ and for all q .

In the introduction we have denoted $c_{t,N-q,\mu}$ by $c_{n,q,\epsilon}$.

Proof. Let $\omega \in \mathcal{D}^q(\Omega) \cap \epsilon^{-1} \mathring{\Delta}^q(\Omega)$. Then $*\omega \in \Delta^{N-q}(\Omega)$ and with $\mu^{-1} = (-1)^{q(N-q)} * \epsilon *$ we have

$$\zeta := *\epsilon\omega = (-1)^{q(N-q)} *\epsilon**\omega \in \mathring{\mathcal{D}}^{N-q}(\Omega) \cap \mu^{-1} \Delta^{N-q}(\Omega).$$

As ϵ is admissible, so is $(-1)^{q(N-q)} *\epsilon *$ and hence also its inverse μ . Theorem 3.7 applied to $N - q$, ζ , μ instead of q , ω , ϵ shows

$$\begin{aligned} |\zeta|_{\mathring{L}^2_{\mu^{2,N-q}}(\Omega)}^2 &\leq c_{\mathring{d},t,N-q,\mu}^2 |\mathring{d}\zeta|_{\mathring{L}^2_{2,N-q+1}(\Omega)}^2 + \tilde{c}_{\mathring{d},t,N-q-1,\mu}^2 |\delta\mu\zeta|_{\mathring{L}^2_{2,N-q-1}(\Omega)}^2 \\ &\leq c_{\mathring{t},N-q,\mu}^2 (|\mathring{d}\zeta|_{\mathring{L}^2_{2,N-q+1}(\Omega)}^2 + |\delta\mu\zeta|_{\mathring{L}^2_{2,N-q-1}(\Omega)}^2). \end{aligned}$$

Moreover, $*\epsilon*$ has the same properties (1.12), (1.13) as ϵ and hence, as inverse, μ inherits these properties with $\underline{\epsilon}$ and $\bar{\epsilon}$ interchanged. Note that, e.g.,

$$\langle \mu\zeta, \zeta \rangle_{\mathring{L}^2_{2,N-q}(\Omega)} = \langle \epsilon^{-1} * \zeta, * \zeta \rangle_{\mathring{L}^2_{2,q}(\Omega)} = |\epsilon^{-1/2} * \zeta|_{\mathring{L}^2_{2,q}(\Omega)}^2 \leq \underline{\epsilon}^2 |\epsilon^{-1/2} * \zeta|_{\mathring{L}^2_{\epsilon}(\Omega)}^2 = \underline{\epsilon}^2 |\zeta|_{\mathring{L}^2_{2,N-q}(\Omega)}^2$$

holds by (1.13). Hence the estimates for the constants follow immediately. Plugging in

$$\begin{aligned} |\zeta|_{\mathring{L}^2_{\mu^{2,N-q}}(\Omega)}^2 &= \langle \mu\zeta, \zeta \rangle_{\mathring{L}^2_{2,N-q}(\Omega)} = (-1)^{q(N-q)} \langle *\epsilon^{-1} **\epsilon\omega, *\epsilon\omega \rangle_{\mathring{L}^2_{2,N-q}(\Omega)} \\ &= \langle \omega, \epsilon\omega \rangle_{\mathring{L}^2_{2,q}(\Omega)} = |\omega|_{\mathring{L}^2_{\epsilon}(\Omega)}^2, \\ |\mathring{d}\zeta|_{\mathring{L}^2_{2,N-q+1}(\Omega)} &= |\mathring{d}*\epsilon\omega|_{\mathring{L}^2_{2,N-q+1}(\Omega)} = |\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}, \\ |\delta\mu\zeta|_{\mathring{L}^2_{2,N-q-1}(\Omega)} &= |\delta*\epsilon^{-1} **\epsilon\omega|_{\mathring{L}^2_{2,N-q-1}(\Omega)} = |d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)} \end{aligned}$$

we obtain

$$\begin{aligned} |\omega|_{\mathring{L}^2_{\epsilon}(\Omega)}^2 &\leq c_{\mathring{d},t,N-q,\mu}^2 |\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}^2 + \tilde{c}_{\mathring{d},t,N-q-1,\mu}^2 |d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)}^2 \\ &\leq c_{\mathring{t},N-q,\mu}^2 (|\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}^2 + |d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)}^2), \end{aligned}$$

completing the proof. \square

The same transformation technique or just repeating the previous arguments shows that Corollary 2.11, especially the Friedrichs/Poincaré type estimates, Corollary 2.14 and Lemma 3.1 hold for the other boundary condition placed on $\epsilon^{-1} \mathring{\Delta}^q(\Omega)$ as well. More precisely, with μ as before and defining the (harmonic) Neumann forms by

$$\mathcal{H}_{N,\epsilon}^q(\Omega) := \mathcal{D}_0^q(\Omega) \cap \epsilon^{-1} \mathring{\Delta}_0^q(\Omega)$$

we have the following results.

Corollary 3.8. *For all $\omega \in \mathcal{D}^q(\Omega) \cap \epsilon^{-1} \mathring{\Delta}^q(\Omega) \cap \mathcal{H}_{N,\epsilon}^q(\Omega) \perp_{\mathring{L}^2_{\epsilon}(\Omega)}$*

$$\begin{aligned} |\omega|_{\mathring{L}^2_{\epsilon}(\Omega)}^2 &\leq \tilde{c}_{\mathring{d},t,N-q-1,\mu}^2 |d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)}^2 + c_{\mathring{d},t,N-q,\mu}^2 |\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}^2 \\ &\leq c_{\mathring{t},N-q,\mu} (|d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)}^2 + |\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}^2)^{1/2} \end{aligned}$$

with $c_{\mathring{t},N-q,\mu} = \max\{\tilde{c}_{\mathring{d},t,N-q-1,\mu}, c_{\mathring{d},t,N-q,\mu}\}$. Especially,

$$\begin{aligned} \forall \xi \in \mathcal{D}^{q-1}(\Omega) \cap \mathring{\delta} \mathring{\Delta}^q(\Omega) & \quad |\xi|_{\mathring{L}^2_{2,q-1}(\Omega)} \leq c_{\mathring{d},t,N-q,\mu} |d\xi|_{\mathring{L}^2_{\epsilon}(\Omega)}, \\ \forall \omega \in \mathcal{D}^q(\Omega) \cap \epsilon^{-1} \mathring{\delta} \mathring{\Delta}^{q+1}(\Omega) & \quad |\omega|_{\mathring{L}^2_{\epsilon}(\Omega)} \leq \tilde{c}_{\mathring{d},t,N-q-1,\mu} |d\omega|_{\mathring{L}^2_{2,q+1}(\Omega)}, \\ \forall \omega \in \epsilon^{-1} \mathring{\Delta}^q(\Omega) \cap d\mathcal{D}^{q-1}(\Omega) & \quad |\omega|_{\mathring{L}^2_{\epsilon}(\Omega)} \leq c_{\mathring{d},t,N-q,\mu} |\mathring{\delta}\epsilon\omega|_{\mathring{L}^2_{2,q-1}(\Omega)}, \\ \forall \zeta \in \mathring{\Delta}^{q+1}(\Omega) \cap d\mathcal{D}^q(\Omega) & \quad |\zeta|_{\mathring{L}^2_{2,q+1}(\Omega)} \leq \tilde{c}_{\mathring{d},t,N-q-1,\mu} |\epsilon^{-1} \mathring{\delta}\zeta|_{\mathring{L}^2_{\epsilon}(\Omega)}. \end{aligned}$$

Corollary 3.9. *It holds*

$$\frac{c_{\mathring{d},t,N-q-1}}{\underline{\epsilon}} \leq \tilde{c}_{\mathring{d},t,N-q-1,\mu} \leq c_{\mathring{d},t,N-q-1,\bar{\epsilon}}, \quad \frac{c_{\mathring{d},t,N-q}}{\bar{\epsilon}} \leq c_{\mathring{d},t,N-q,\mu} \leq c_{\mathring{d},t,N-q,\underline{\epsilon}}$$

and

$$\frac{\min\{c_{\mathring{d},t,N-q-1}, c_{\mathring{d},t,N-q}\}}{\hat{\epsilon}} \leq c_{\mathring{t},N-q,\mu} = \max\{\tilde{c}_{\mathring{d},t,N-q-1,\mu}, c_{\mathring{d},t,N-q,\mu}\} \leq \max\{c_{\mathring{d},t,N-q-1}, c_{\mathring{d},t,N-q}\} \hat{\epsilon}.$$

3.1. Some Remarks.

Remark 3.10. *Our results extend also to all possibly non-convex polyhedra which allow the $H^{1,q}(\Omega)$ -regularity in Lemma 3.2 of the Maxwell spaces $\mathring{D}^q(\Omega) \cap \Delta^q(\Omega)$ and $D^q(\Omega) \cap \mathring{\Delta}^q(\Omega)$ or to domains whose boundaries consist of combinations of convex boundary parts and polygonal parts which allow the $H^{1,q}(\Omega)$ -regularity. Such domains exist, depending on the special type of the singularities, which are not allowed to be too pointy, see, e.g., [26, 27]. It is well known that (3.1) even holds for $\omega \in H^{1,q}(\Omega) \cap \mathring{D}^q(\Omega)$ or $\omega \in H^{1,q}(\Omega) \cap \mathring{\Delta}^q(\Omega)$ if Ω is a polyhedron, since the unit normal is piecewise constant and hence the curvature is zero.*

Remark 3.11. *Let Ω be additionally convex and let us recall $c_{n,q} = c_{t,N-q}$ and (3.2), especially*

$$c_f \leq c_{t,q}, c_{n,q} \leq c_p.$$

- (i) *In generall, we conjecture $c_f < c_{t,q}, c_{n,q} < c_p$.*
(ii) *As a byproduct, by*

$$0 < \mu_2 = \frac{1}{c_p^2} \leq \frac{1}{c_{t,q}^2} \leq \frac{1}{c_f^2} = \lambda_1$$

we have shown a new proof of the well known fact, that the first Dirichlet eigenvalue of the negative Laplacian λ_1 is not smaller than the second Neumann eigenvalue of the negative Laplacian μ_2 .

Remark 3.12. *Our results extend to a certain class of non-convex domains, so-called one-chart domains, as well. For this, as before, let $\Omega \subset \mathbb{R}^N$ be a bounded weak Lipschitz domain and let $\Xi \subset \mathbb{R}^N$ be a bounded and convex domain, e.g., the unit square or unit ball. Moreover, we assume that there exists an orientation preserving bi-Lipschitz transformation $\Phi: \Xi \rightarrow \Omega$ with inverse $\Psi := \Phi^{-1}: \Omega \rightarrow \Xi$.*

Then for $\omega \in \mathring{D}^q(\Omega) \cap \epsilon^{-1}\Delta^q(\Omega)$ we have

$$\Phi^* \omega \in \mathring{D}^q(\Xi) \cap \mu^{-1}\Delta^q(\Xi), \quad \mu := (-1)^{qN-1} * \Phi^* * \epsilon \Psi^*,$$

with

$$(3.3) \quad \mathring{d}\Phi^* \omega = \Phi^* \mathring{d}\omega, \quad \delta \mu \Phi^* \omega = \pm * d\Phi^* * \epsilon \omega = * \Phi^* * \delta \epsilon \omega,$$

see Appendix C for a proof of (3.3) in the bi-Lipschitz case. By the transformation formula, straight forward estimates, which we will carry out in Appendix B as well, and Theorem 3.6 we get

$$|\omega|_{L^{2,q}(\Omega)} \leq c_{t,q,\epsilon} (|\mathring{d}\omega|_{L^{2,q+1}(\Omega)}^2 + |\delta \epsilon \omega|_{L^{2,q-1}(\Omega)}^2)^{1/2},$$

where

$$c_{t,q,\epsilon} \leq c_N^3 c_{\nabla \Phi, \nabla \Psi}^3 \hat{c}_{p,\Xi}$$

and $c_{p,\Xi}$ is the Poincaré constant for the convex domain Ξ , c_N depends just on N , and $c_{\nabla \Phi, \nabla \Psi}$ just on bounds for $\nabla \Phi$ and $\nabla \Psi$, see (B.4) in Appendix B for more details. These constants can be refined, if one takes a closer look at the actual dependence on q and special algebraic operations on $\nabla \Phi$ and $\nabla \Psi$. In Appendix B.1 we will present sharper estimates for the special case $N = 3$ and $q = 1$ of vector proxy fields $\vec{\omega}$.

Using a partition of unity, we can even extend our results to general bounded weak Lipschitz domains $\Omega \subset \mathbb{R}^N$.

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APPENDIX A. PROOF OF LEMMA 3.2

By the $*$ -operator it is sufficient to discuss, e.g., $\omega \in D^q(\Omega) \cap \mathring{\Delta}^q(\Omega)$. For a proof we follow the nice book of Grisvard, see [7, Theorem 3.2.1.2, Theorem 3.2.1.3]. This proof has been carried out in [5, Corollary 3.6, Theorem 3.9] and [1, Theorem 2.17] for the Maxwell case and $N = 3$. Our proof will avoid the misleading notion of traces and solutions of second order elliptic systems. Let us note that in [1, p. 834] the proof for $X_N(\Omega)$ is wrong. One cannot work in the space $V_T(\Omega_k)$ due to the solenoidal condition. Working in the space $X_T(\Omega_k)$ is needed, but this destroys their argument for the second order elliptic system for ζ . Our approach corrects these inconsistencies.

Let us pick a sequence of increasing, convex, and C^∞ -smooth subdomains $(\Omega_n) \subset \Omega$ converging to Ω , i.e.,

$$\Omega_n \subset \bar{\Omega}_n \subset \Omega_{n+1} \subset \cdots \subset \Omega, \quad \text{dist}(\Omega, \Omega_n) = \text{dist}(\partial\Omega, \partial\Omega_n) \rightarrow 0,$$

see, e.g., [7, Lemma 3.2.1.1]. Of course, C^2 -smooth is also sufficient. For Ω_n we find $\zeta_n \in D^{q-1}(\Omega_n)$ such that for all $\varphi \in D^{q-1}(\Omega_n)$

$$(A.1) \quad \langle \zeta_n, \varphi \rangle_{D^{q-1}(\Omega_n)} = \langle \delta \omega, \varphi \rangle_{L^{2,q-1}(\Omega_n)} + \langle \omega, d\varphi \rangle_{L^{2,q}(\Omega_n)},$$

which is a trivially well defined problem. Note $\langle \zeta_n, \varphi \rangle_{D^{q-1}(\Omega_n)} = \langle \zeta_n, \varphi \rangle_{L^{2,q-1}(\Omega_n)} + \langle d\zeta_n, d\varphi \rangle_{L^{2,q}(\Omega_n)}$. Hence

$$\langle \omega - d\zeta_n, d\varphi \rangle_{L^{2,q}(\Omega_n)} = \langle \zeta_n - \delta \omega, \varphi \rangle_{L^{2,q-1}(\Omega_n)}$$

for all $\varphi \in D^{q-1}(\Omega_n)$, showing by (2.11) that $\omega_n := \omega - d\zeta_n \in \mathring{\Delta}^q(\Omega_n)$ and $\delta \omega_n = \delta \omega - \zeta_n$. Moreover, $\omega_n \in D^q(\Omega_n)$ with $d\omega_n = d\omega$. By (1.20) we have $\omega_n \in H^{1,q+1}(\Omega_n)$ with

$$(A.2) \quad |\nabla \vec{\omega}_n|_{L^2(\Omega_n)}^2 \leq |d\omega_n|_{L^{2,q+1}(\Omega_n)}^2 + |\delta \omega_n|_{L^{2,q-1}(\Omega_n)}^2 = |d\omega|_{L^{2,q+1}(\Omega_n)}^2 + |\delta \omega - \zeta_n|_{L^{2,q-1}(\Omega_n)}^2.$$

By setting $\varphi = \zeta_n$ in (A.1) we see

$$(A.3) \quad \begin{aligned} |\zeta_n|_{D^{q-1}(\Omega_n)}^2 &= \langle \delta \omega, \zeta_n \rangle_{L^{2,q-1}(\Omega_n)} + \langle \omega, d\zeta_n \rangle_{L^{2,q}(\Omega_n)} \\ &\leq |\delta \omega|_{L^{2,q-1}(\Omega_n)} |\zeta_n|_{L^{2,q-1}(\Omega_n)} + |\omega|_{L^{2,q}(\Omega_n)} |d\zeta_n|_{L^{2,q}(\Omega_n)} \leq |\omega|_{\Delta^q(\Omega_n)} |\zeta_n|_{D^{q-1}(\Omega_n)} \end{aligned}$$

and thus

$$(A.4) \quad |\zeta_n|_{D^{q-1}(\Omega_n)} \leq |\omega|_{\Delta^q(\Omega_n)} \leq |\omega|_{\Delta^q(\Omega)}.$$

Combining (A.2) and the equation part of (A.3) we observe

$$\begin{aligned} |\vec{\omega}_n|_{H^1(\Omega_n)}^2 &= |\omega_n|_{L^{2,q}(\Omega_n)}^2 + |\nabla \vec{\omega}_n|_{L^2(\Omega_n)}^2 \leq |\omega_n|_{L^{2,q}(\Omega_n)}^2 + |d\omega|_{L^{2,q+1}(\Omega_n)}^2 + |\delta \omega - \zeta_n|_{L^{2,q-1}(\Omega_n)}^2 \\ &= |\omega|_{L^{2,q}(\Omega_n)}^2 + |d\zeta_n|_{L^{2,q}(\Omega_n)}^2 + |d\omega|_{L^{2,q+1}(\Omega_n)}^2 + |\delta \omega|_{L^{2,q-1}(\Omega_n)}^2 + |\zeta_n|_{L^{2,q-1}(\Omega_n)}^2 \\ &\quad - 2\langle \omega, d\zeta_n \rangle_{L^{2,q}(\Omega_n)} - 2\langle \delta \omega, \zeta_n \rangle_{L^{2,q-1}(\Omega_n)} \\ &= |\omega|_{D^q(\Omega_n) \cap \Delta^q(\Omega_n)}^2 + |\zeta_n|_{D^q(\Omega_n)}^2 - 2|\zeta_n|_{D^q(\Omega_n)}^2 \leq |\omega|_{D^q(\Omega_n) \cap \Delta^q(\Omega_n)}^2 \end{aligned}$$

and therefore

$$(A.5) \quad |\vec{\omega}_n|_{H^1(\Omega_n)} \leq |\omega|_{D^q(\Omega_n) \cap \Delta^q(\Omega_n)} \leq |\omega|_{D^q(\Omega) \cap \Delta^q(\Omega)}.$$

Let us denote the extension by zero to Ω by $\tilde{\cdot}$. Then by (A.4) and (A.5) the sequences $(\tilde{\zeta}_n)$, $(\widetilde{d\zeta_n})$, and $(\vec{\omega}_n)$, $(\widetilde{\nabla \vec{\omega}_n})$ are bounded in $L^{2,q-1}(\Omega)$, $L^{2,q}(\Omega)$, resp. $L^2(\Omega)$ and we can extract weakly converging subsequences, again denoted by the index n , such that

$$\begin{aligned} \tilde{\zeta}_n \xrightarrow{L^{2,q-1}(\Omega)} \zeta \in L^{2,q-1}(\Omega), & \quad \vec{\omega}_n \xrightarrow{L^2(\Omega)} \vec{\omega} \in L^2(\Omega), \\ (\widetilde{d\zeta_n}) \xrightarrow{L^{2,q}(\Omega)} \xi \in L^{2,q}(\Omega), & \quad \widetilde{\nabla \vec{\omega}_n} \xrightarrow{L^2(\Omega)} \hat{\Theta} \in L^2(\Omega). \end{aligned}$$

Let $\psi \in \mathring{C}^\infty(\Omega)$ and n be large enough such that $\text{supp } \psi \subset \Omega_n$. Then $\psi \in \mathring{C}^\infty(\Omega_n)$ and we calculate for $i = 1, \dots, N$ and the ℓ -th component $\vec{\omega}_\ell$ of $\vec{\omega}$

$$\begin{aligned} \langle \vec{\omega}_\ell, \partial_i \psi \rangle_{L^2(\Omega)} &\leftarrow \langle \vec{\omega}_{n,\ell}, \partial_i \psi \rangle_{L^2(\Omega_n)} = \langle \vec{\omega}_{n,\ell}, \partial_i \psi \rangle_{L^2(\Omega_n)} \\ &= -\langle \partial_i \vec{\omega}_{n,\ell}, \psi \rangle_{L^2(\Omega_n)} = -\langle \widetilde{\partial_i \vec{\omega}_{n,\ell}}, \psi \rangle_{L^2(\Omega)} \rightarrow -\langle \hat{\Theta}_{i,\ell}, \psi \rangle_{L^2(\Omega)}, \end{aligned}$$

yielding $\vec{\omega} \in H^1(\Omega)$ and $\nabla \vec{\omega} = \hat{\Theta}$. Analogously we obtain for $\phi \in \mathring{C}^{\infty,q}(\Omega)$ with $\phi \in \mathring{C}^{\infty,q}(\Omega_n)$ for n large enough

$$\begin{aligned} \langle \zeta, \delta \phi \rangle_{L^{2,q-1}(\Omega)} &\leftarrow \langle \tilde{\zeta}_n, \delta \phi \rangle_{L^{2,q-1}(\Omega)} = \langle \zeta_n, \delta \phi \rangle_{L^{2,q-1}(\Omega_n)} \\ &= -\langle d\zeta_n, \phi \rangle_{L^{2,q}(\Omega_n)} = -\langle \widetilde{d\zeta_n}, \phi \rangle_{L^{2,q}(\Omega)} \rightarrow -\langle \xi, \phi \rangle_{L^{2,q}(\Omega)}, \end{aligned}$$

showing $\zeta \in D^{q-1}(\Omega)$ and $d\zeta = \xi$. Moreover, for $\varphi \in D^{q-1}(\Omega) \subset D^{q-1}(\Omega_n)$ we have by (A.1)

$$\begin{aligned} \langle \zeta, \varphi \rangle_{D^{q-1}(\Omega)} &= \langle \zeta, \varphi \rangle_{L^{2,q-1}(\Omega)} + \langle d\zeta, d\varphi \rangle_{L^{2,q}(\Omega)} \leftarrow \langle \tilde{\zeta}_n, \varphi \rangle_{L^{2,q-1}(\Omega)} + \langle \widetilde{d\zeta_n}, d\varphi \rangle_{L^{2,q}(\Omega)} = \langle \zeta_n, \varphi \rangle_{D^{q-1}(\Omega_n)} \\ &= \langle \delta \omega, \varphi \rangle_{L^{2,q-1}(\Omega_n)} + \langle \omega, d\varphi \rangle_{L^{2,q}(\Omega_n)} \rightarrow \langle \delta \omega, \varphi \rangle_{L^{2,q-1}(\Omega)} + \langle \omega, d\varphi \rangle_{L^{2,q}(\Omega)} = 0, \end{aligned}$$

as $\omega \in \dot{\Delta}^q(\Omega)$, where the last convergence follows by Lebesgue's dominated convergence theorem. For $\varphi = \zeta$ we get $|\zeta|_{\mathbb{D}^{q-1}(\Omega)} = 0$, i.e., $\zeta = 0$. Furthermore, we observe by (A.5)

$$\begin{aligned} |\vec{\omega}|_{\mathbb{H}^1(\Omega)}^2 &= \langle \vec{\omega}, \vec{\omega} \rangle_{\mathbb{L}^2(\Omega)} + \langle \nabla \vec{\omega}, \nabla \vec{\omega} \rangle_{\mathbb{L}^2(\Omega)} \leftarrow \langle \vec{\omega}, \vec{\omega}_n \rangle_{\mathbb{L}^2(\Omega)} + \langle \nabla \vec{\omega}, \nabla \vec{\omega}_n \rangle_{\mathbb{L}^2(\Omega)} \\ &= \langle \vec{\omega}, \vec{\omega}_n \rangle_{\mathbb{L}^2(\Omega_n)} + \langle \nabla \vec{\omega}, \nabla \vec{\omega}_n \rangle_{\mathbb{L}^2(\Omega_n)} \leq |\vec{\omega}|_{\mathbb{H}^1(\Omega_n)} |\vec{\omega}_n|_{\mathbb{H}^1(\Omega_n)} \leq |\vec{\omega}|_{\mathbb{H}^1(\Omega)} |\omega|_{\mathbb{D}^q(\Omega) \cap \Delta^q(\Omega)}, \end{aligned}$$

showing

$$(A.6) \quad |\vec{\omega}|_{\mathbb{H}^1(\Omega)} \leq |\omega|_{\mathbb{D}^q(\Omega) \cap \Delta^q(\Omega)}.$$

Finally, we have $\omega = \omega_n + d\zeta_n$ in Ω_n , i.e., in Ω

$$\chi_{\Omega_n} \omega = \tilde{\omega}_n + d\tilde{\zeta}_n \xrightarrow{\mathbb{L}^{2,q}(\Omega)} \hat{\omega} + d\zeta = \hat{\omega}.$$

On the other hand, by Lebesgue's dominated convergence theorem we see $\chi_{\Omega_n} \omega \rightarrow \omega$ in $\mathbb{L}^{2,q}(\Omega)$. Thus $\omega = \hat{\omega} \in \mathbb{H}^{1,q}(\Omega)$ and by (A.6)

$$|\omega|_{\mathbb{H}^{1,q}(\Omega)} = |\hat{\omega}|_{\mathbb{H}^1(\Omega)} \leq |\omega|_{\mathbb{D}^q(\Omega) \cap \Delta^q(\Omega)},$$

especially,

$$|\nabla \vec{\omega}|_{\mathbb{L}^2(\Omega)}^2 \leq |d\omega|_{\mathbb{L}^{2,q+1}(\Omega)}^2 + |\delta\omega|_{\mathbb{L}^{2,q-1}(\Omega)}^2.$$

APPENDIX B. CALCULATIONS FOR REMARK 3.12

For a multi index I of length $|I| = q$ (not necessarily ordered) it holds

$$\begin{aligned} \Phi^* dx^I &= \Phi^*(dx^{i_1} \wedge \cdots \wedge dx^{i_q}) = (\Phi^* dx^{i_1}) \wedge \cdots \wedge (\Phi^* dx^{i_q}) = (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}) = d\Phi^I \\ &= \sum_{j_1, \dots, j_q} \partial_{j_1} \Phi_{i_1} \cdots \partial_{j_q} \Phi_{i_q} dx^{j_1} \wedge \cdots \wedge dx^{j_q} = \sum_{|J|=q} \partial_J \Phi_I dx^J \end{aligned}$$

and especially

$$\Phi^*(dx^1 \wedge \cdots \wedge dx^N) = \det(\nabla \Phi) dx^1 \wedge \cdots \wedge dx^N.$$

For multi indices I, J of length q we have

$$\begin{aligned} (\Phi^* dx^I) \wedge *(\Phi^* dx^J) &= \sum_{|K|=|L|=q} \partial_K \Phi_I \partial_L \Phi_J dx^K \wedge *dx^L \\ &= \sum_{|K|=q} (-1)^{\sigma_K} \partial_K \Phi_I \partial_K \Phi_J dx^1 \wedge \cdots \wedge dx^N. \end{aligned}$$

Hence for

$$\omega = \sum_I \omega_I dx^I, \quad \Phi^* \omega = \sum_I \tilde{\omega}_I \Phi^* dx^I, \quad \tilde{\omega} := \sum_I \tilde{\omega}_I dx^I, \quad \tilde{\omega}_I := \omega_I \circ \Phi$$

we compute

$$\begin{aligned} *|\omega|^2 &= \omega \wedge * \bar{\omega} = \sum_{I,J} \omega_I \bar{\omega}_J dx^I \wedge *dx^J = \sum_I \omega_I \bar{\omega}_I dx^I \wedge *dx^I = |\vec{\omega}|^2 dx^1 \wedge \cdots \wedge dx^N, \\ *|\Phi^* \omega|^2 &= \Phi^* \omega \wedge * \Phi^* \bar{\omega} = \sum_{I,J} \tilde{\omega}_I \bar{\tilde{\omega}}_J (\Phi^* dx^I) \wedge *(\Phi^* dx^J) \\ &= \sum_{I,J} \sum_{|K|=q} (-1)^{\sigma_K} \tilde{\omega}_I \bar{\tilde{\omega}}_J \partial_K \Phi_I \partial_K \Phi_J dx^1 \wedge \cdots \wedge dx^N, \end{aligned}$$

and thus

$$\begin{aligned} |\vec{\omega}|_{\mathbb{L}^2(\Omega)}^2 &= |\omega|_{\mathbb{L}^{2,q}(\Omega)}^2 = \int_{\Omega} *|\omega|^2 = \int_{\Omega} |\vec{\omega}|^2 dx^1 \wedge \cdots \wedge dx^N = \int_{\Xi} |\vec{\omega}|^2 \Phi^*(dx^1 \wedge \cdots \wedge dx^N) \\ &= \int_{\Xi} \det(\nabla \Phi) |\vec{\omega}|^2 dx^1 \wedge \cdots \wedge dx^N = \int_{\Xi} \det(\nabla \Phi) *|\tilde{\omega}|^2 = \int_{\Xi} \det(\nabla \Phi) |\vec{\omega}|^2, \end{aligned}$$

$$\begin{aligned} |\overrightarrow{\Phi^* \omega}|_{L^2(\Xi)}^2 &= |\Phi^* \omega|_{L^2, q(\Xi)}^2 = \int_{\Xi} * |\Phi^* \omega|^2 = \sum_{I, J} \sum_{|K|=q} (-1)^{\sigma_K} \int_{\Xi} \tilde{\omega}_I \tilde{\omega}_J \partial_K \Phi_I \partial_K \Phi_J dx^1 \wedge \cdots \wedge dx^N \\ &= \sum_{I, J} \sum_{|K|=q} (-1)^{\sigma_K} \int_{\Xi} \tilde{\omega}_I \tilde{\omega}_J \partial_K \Phi_I \partial_K \Phi_J. \end{aligned}$$

Therefore, we get

$$\begin{aligned} \min_{\Xi} \det(\nabla \Phi) |\tilde{\omega}|_{L^2, q(\Xi)}^2 &\leq |\omega|_{L^2, q(\Omega)}^2 \leq \max_{\Xi} \det(\nabla \Phi) |\tilde{\omega}|_{L^2, q(\Xi)}^2, \\ |\Phi^* \omega|_{L^2, q(\Xi)}^2 &\leq N^q \binom{N}{q}^2 \max_{\Xi} |\nabla \Phi|^{2q} |\tilde{\omega}|_{L^2, q(\Xi)}^2, \end{aligned}$$

where the second estimate is quite rough. Combing both we see

$$(B.1) \quad |\Phi^* \omega|_{L^2, q(\Xi)}^2 \leq c_{q, N, \nabla \Phi} |\omega|_{L^2, q(\Omega)}^2, \quad c_{q, N, \nabla \Phi} := N^q \binom{N}{q}^2 \frac{\max_{\Xi} |\nabla \Phi|^{2q}}{\min_{\Xi} \det(\nabla \Phi)},$$

$$(B.2) \quad |\Psi^* \zeta|_{L^2, q(\Omega)}^2 \leq c_{q, N, \nabla \Psi} |\zeta|_{L^2, q(\Xi)}^2, \quad c_{q, N, \nabla \Psi} := N^q \binom{N}{q}^2 \frac{\max_{\Omega} |\nabla \Psi|^{2q}}{\min_{\Omega} \det(\nabla \Psi)}$$

and with $\omega = \Psi^* \Phi^* \omega$

$$|\omega|_{L^2, q(\Omega)}^2 \leq c_{q, N, \nabla \Psi} |\Phi^* \omega|_{L^2, q(\Xi)}^2, \quad |\zeta|_{L^2, q(\Xi)}^2 \leq c_{q, N, \nabla \Phi} |\Psi^* \zeta|_{L^2, q(\Omega)}^2.$$

Now we calculate by Theorem 3.6

$$\begin{aligned} |\omega|_{L^2, q(\Omega)}^2 &\leq c_{q, N, \nabla \Psi} |\Phi^* \omega|_{L^2, q(\Xi)}^2 \leq c_{q, N, \nabla \Psi} c_{p, \Xi}^2 \hat{\mu}^2 (|\mathring{d} \Phi^* \omega|_{L^2, q+1(\Xi)}^2 + |\delta \mu \Phi^* \omega|_{L^2, q-1(\Xi)}^2) \\ &= c_{q, N, \nabla \Psi} c_{p, \Xi}^2 \hat{\mu}^2 (|\Phi^* \mathring{d} \omega|_{L^2, q+1(\Xi)}^2 + |\Phi^* * \delta \epsilon \omega|_{L^2, N-q+1(\Xi)}^2) \\ (B.3) \quad &\leq c_{q, N, \nabla \Psi} c_{p, \Xi}^2 \hat{\mu}^2 (c_{q+1, N, \nabla \Phi} |\mathring{d} \omega|_{L^2, q+1(\Omega)}^2 + c_{N-q+1, N, \nabla \Phi} |\delta \epsilon \omega|_{L^2, q-1(\Omega)}^2) \\ &\leq c_{q, N, \nabla \Psi} \max\{c_{q+1, N, \nabla \Phi}, c_{N-q+1, N, \nabla \Phi}\} c_{p, \Xi}^2 \hat{\mu}^2 (|\mathring{d} \omega|_{L^2, q+1(\Omega)}^2 + |\delta \epsilon \omega|_{L^2, q-1(\Omega)}^2) \\ &\leq c_N^4 c_{\Phi, \nabla \Psi}^4 \hat{\mu}^2 c_{p, \Xi}^2 (|\mathring{d} \omega|_{L^2, q+1(\Omega)}^2 + |\delta \epsilon \omega|_{L^2, q-1(\Omega)}^2), \end{aligned}$$

i.e.,

$$c_{t, q, \epsilon} \leq c_N^2 c_{\nabla \Phi, \nabla \Psi}^2 \hat{\mu} c_{p, \Xi},$$

with very rough constants

$$(B.4) \quad c_N := N^{N/2} N!, \quad c_{\nabla \Phi, \nabla \Psi} := \frac{\max[\max_{\Xi} |\nabla \Phi|, \max_{\Omega} |\nabla \Psi|, 1]^N}{\min[\min_{\Xi} \sqrt{\det(\nabla \Phi)}, \min_{\Omega} \sqrt{\det(\nabla \Psi)}, 1]}.$$

So, it remains to estimate $\hat{\mu}$. For this we estimate for $\Phi^* \omega \in L^2, q(\Xi)$

$$\begin{aligned} \langle \mu \Phi^* \omega, \Phi^* \omega \rangle_{L^2, q(\Xi)} &= \pm \langle * \Phi^* * \epsilon \omega, \Phi^* \omega \rangle_{L^2, q(\Xi)} = \pm \langle \Phi^* * \epsilon \omega, * \Phi^* \omega \rangle_{L^2, N-q(\Xi)} = \pm \int_{\Xi} (\Phi^* * \epsilon \omega) \wedge (\Phi^* \bar{\omega}) \\ &= \pm \int_{\Omega} * \epsilon \omega \wedge \bar{\omega} = \langle \epsilon \omega, \omega \rangle_{L^2, q(\Omega)} \leq \bar{\epsilon}^2 |\omega|_{L^2, q(\Omega)}^2 \leq \bar{\epsilon}^2 c_{q, N, \nabla \Psi} |\Phi^* \omega|_{L^2, q(\Xi)}^2, \\ \langle \mu \Phi^* \omega, \Phi^* \omega \rangle_{L^2, q(\Xi)} &= \langle \epsilon \omega, \omega \rangle_{L^2, q(\Omega)} \geq \underline{\epsilon}^{-2} |\omega|_{L^2, q(\Omega)}^2 \geq \frac{1}{\underline{\epsilon}^2 c_{q, N, \nabla \Phi}} |\Phi^* \omega|_{L^2, q(\Xi)}^2, \end{aligned}$$

and observe

$$\hat{\mu} \leq \max\{\bar{\epsilon} \sqrt{c_{q, N, \nabla \Psi}}, \underline{\epsilon} \sqrt{c_{q, N, \nabla \Phi}}\} \leq \hat{\epsilon} \max\{\sqrt{c_{q, N, \nabla \Psi}}, \sqrt{c_{q, N, \nabla \Phi}}\} \leq \hat{\epsilon} c_N c_{\nabla \Phi, \nabla \Psi}.$$

Finally, this shows

$$c_{t, q, \epsilon} \leq c_N^3 c_{\nabla \Phi, \nabla \Psi}^3 \hat{\epsilon} c_{p, \Xi}.$$

B.1. Classical Vector Analysis. Some of the latter estimates are very rough. Let us take a closer look at the classical case of vector analysis, i.e., at the special case of $N = 3$ and $q = 1$. By (3.3), see also Appendix C for more details and a rigorous proof, we know that ω in $D^q(\Omega)$ resp. $\dot{D}^q(\Omega)$ implies $\Phi^*\omega$ in $D^q(\Xi)$ resp. $\dot{D}^q(\Xi)$ with $d\Phi^*\omega = \Phi^*d\omega$. For $N = 3$ and $q = 1$ this means for the vector proxy field $\vec{\omega} \in \dot{H}(\text{curl}, \Omega) \cong \dot{D}^1(\Omega)$ that

$$\overrightarrow{\Phi^*\omega} = \nabla \Phi \vec{\omega} \in \dot{H}(\text{curl}, \Xi) \cong \dot{D}^1(\Xi)$$

with

$$(B.5) \quad \text{curl}(\nabla \Phi \vec{\omega}) = \overrightarrow{d\Phi^*\omega} = \overrightarrow{\Phi^*d\omega} = \text{adj}^\top(\nabla \Phi) \widetilde{\text{curl} \vec{\omega}},$$

where $\text{adj}(A)$ denotes the adjunct matrix of $A \in \mathbb{R}^{3 \times 3}$. If A is invertible it holds $\text{adj}(A) = (\det A)A^{-1}$. For $q = N - 1 = 2$ we have for the vector proxy field $\vec{\omega} \in H(\text{div}, \Omega) \cong D^2(\Omega)$ that

$$\overrightarrow{\Phi^*\omega} = \text{adj}^\top(\nabla \Phi) \vec{\omega} \in H(\text{div}, \Xi) \cong D^2(\Xi)$$

with

$$\text{div}(\text{adj}^\top(\nabla \Phi) \vec{\omega}) = \overrightarrow{d\Phi^*\omega} = \overrightarrow{\Phi^*d\omega} = \det(\nabla \Phi) \widetilde{\text{div} \vec{\omega}}.$$

Thus for $\vec{\omega} \in \dot{H}(\text{curl}, \Omega) \cap \epsilon^{-1}H(\text{div}, \Omega)$ we have

$$\nabla \Phi \vec{\omega} \in \dot{H}(\text{curl}, \Xi) \cap \mu^{-1}H(\text{div}, \Xi), \quad \mu := \frac{1}{\det(\nabla \Phi)} \text{adj}^\top(\nabla \Phi) \tilde{\epsilon} \text{adj}(\nabla \Phi),$$

with (B.5) and

$$\text{div}(\mu \nabla \Phi \vec{\omega}) = \text{div}(\text{adj}^\top(\nabla \Phi) \tilde{\epsilon} \vec{\omega}) = \det(\nabla \Phi) \widetilde{\text{div} \epsilon \vec{\omega}}.$$

Now we can compute (B.3) more carefully by

$$(B.6) \quad \begin{aligned} |\vec{\omega}|_{L^2(\Omega)}^2 &= \int_{\Omega} |\vec{\omega}|^2 = \int_{\Xi} \det(\nabla \Phi) |\vec{\omega}|^2 \leq \int_{\Xi} \det(\nabla \Phi) |(\nabla \Phi)^{-1}|^2 |\nabla \Phi \vec{\omega}|^2 \\ &= \int_{\Xi} \frac{1}{\det(\nabla \Phi)} |\text{adj}(\nabla \Phi)|^2 |\nabla \Phi \vec{\omega}|^2 \leq \hat{c}_{\nabla \Phi}^2 |\nabla \Phi \vec{\omega}|_{L^2(\Xi)}^2 \\ &\leq \hat{c}_{\nabla \Phi}^2 c_{m,t,\mu,\Xi}^2 (|\text{curl}(\nabla \Phi \vec{\omega})|_{L^2(\Xi)}^2 + |\text{div}(\mu \nabla \Phi \vec{\omega})|_{L^2(\Xi)}^2) \\ &= \hat{c}_{\nabla \Phi}^2 c_{m,t,\mu,\Xi}^2 (|\text{adj}^\top(\nabla \Phi) \widetilde{\text{curl} \vec{\omega}}|_{L^2(\Xi)}^2 + |\det(\nabla \Phi) \widetilde{\text{div} \epsilon \vec{\omega}}|_{L^2(\Xi)}^2) \\ &= \hat{c}_{\nabla \Phi}^2 c_{m,t,\mu,\Xi}^2 \left(\int_{\Xi} |\text{adj}^\top(\nabla \Phi) \widetilde{\text{curl} \vec{\omega}}|^2 + \int_{\Xi} |\det(\nabla \Phi) \widetilde{\text{div} \epsilon \vec{\omega}}|^2 \right) \\ &\leq \hat{c}_{\nabla \Phi}^2 c_{m,t,\mu,\Xi}^2 (\hat{c}_{\nabla \Phi}^2 \int_{\Xi} \det(\nabla \Phi) |\widetilde{\text{curl} \vec{\omega}}|^2 + c_{\det(\nabla \Phi)}^2 \int_{\Xi} \det(\nabla \Phi) |\widetilde{\text{div} \epsilon \vec{\omega}}|^2) \\ &= \hat{c}_{\nabla \Phi}^2 c_{m,t,\mu,\Xi}^2 (\hat{c}_{\nabla \Phi}^2 |\text{curl} \vec{\omega}|_{L^2(\Omega)}^2 + c_{\det(\nabla \Phi)}^2 |\text{div} \epsilon \vec{\omega}|_{L^2(\Omega)}^2), \end{aligned}$$

where

$$\begin{aligned} c_{\det(\nabla \Phi)} &:= \max_{\Xi} \sqrt{\det(\nabla \Phi)}, \\ \hat{c}_{\nabla \Phi} &:= \max_{\Xi} \frac{|\text{adj}(\nabla \Phi)|}{\sqrt{\det(\nabla \Phi)}} = \max_{\Xi} \sqrt{\det(\nabla \Phi)} |(\nabla \Phi)^{-1}| \leq c_{\det(\nabla \Phi)} \max_{\Xi} |(\nabla \Phi)^{-1}|. \end{aligned}$$

Therefore, we have

$$c_{m,t,\epsilon} \leq \hat{c}_{\nabla \Phi} \max\{\hat{c}_{\nabla \Phi}, c_{\det(\nabla \Phi)}\} c_{m,t,\mu,\Xi}, \quad c_{m,t,\mu,\Xi} \leq \hat{\mu} c_{p,\Xi},$$

and it remains to estimate $\hat{\mu}$. For this we compute for $\vec{\omega} \in L^2(\Xi)$

$$\begin{aligned} \langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &= \int_{\Xi} \mu \vec{\omega} \cdot \vec{\omega} = \int_{\Xi} \det(\nabla \Phi) ((\nabla \Phi)^{-\top} \tilde{\epsilon} (\nabla \Phi)^{-1} \vec{\omega}) \cdot \vec{\omega} \\ &= \int_{\Xi} \det(\nabla \Phi) (\tilde{\epsilon} (\nabla \Phi)^{-1} \vec{\omega}) \cdot (\nabla \Phi)^{-1} \vec{\omega} = \int_{\Omega} (\epsilon \nabla \Psi \vec{\omega}) \cdot \nabla \Psi \vec{\omega} = \langle \epsilon \nabla \Psi \vec{\omega}, \nabla \Psi \vec{\omega} \rangle_{L^2(\Omega)} \end{aligned}$$

and estimate

$$\begin{aligned}
\langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &\leq \bar{\epsilon}^2 |\nabla \Psi \vec{\omega}|_{L^2(\Omega)}^2 = \bar{\epsilon}^2 \int_{\Omega} |\nabla \Psi \vec{\omega}|^2 = \bar{\epsilon}^2 \int_{\Xi} \det(\nabla \Phi) |(\nabla \Phi)^{-1} \vec{\omega}|^2 \\
&\leq \bar{\epsilon}^2 \int_{\Xi} \det(\nabla \Phi) |(\nabla \Phi)^{-1}|^2 |\vec{\omega}|^2 \leq \bar{\epsilon}^2 \hat{c}_{\nabla \Phi}^2 \int_{\Xi} |\vec{\omega}|^2 = \bar{\epsilon}^2 \hat{c}_{\nabla \Phi}^2 |\vec{\omega}|_{L^2(\Xi)}^2, \\
\langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &\geq \underline{\epsilon}^{-2} |\nabla \Psi \vec{\omega}|_{L^2(\Omega)}^2 = \underline{\epsilon}^{-2} \int_{\Xi} \det(\nabla \Phi) |(\nabla \Phi)^{-1} \vec{\omega}|^2 \\
&\geq \underline{\epsilon}^{-2} \int_{\Xi} \frac{\det(\nabla \Phi)}{|\nabla \Phi|^2} |\vec{\omega}|^2 \geq \underline{\epsilon}^{-2} \check{c}_{\nabla \Phi}^{-2} \int_{\Xi} |\vec{\omega}|^2 = \frac{1}{\underline{\epsilon}^2 \check{c}_{\nabla \Phi}^2} |\vec{\omega}|_{L^2(\Xi)}^2,
\end{aligned}$$

where

$$\check{c}_{\nabla \Phi} := \max_{\Xi} \frac{|\nabla \Phi|}{\sqrt{\det(\nabla \Phi)}} = \frac{1}{\min_{\Xi} \frac{\sqrt{\det(\nabla \Phi)}}{|\nabla \Phi|}}.$$

Finally, we obtain

$$\hat{\mu} \leq \max\{\bar{\epsilon} \hat{c}_{\nabla \Phi}, \underline{\epsilon} \check{c}_{\nabla \Phi}\} \leq \hat{\epsilon} \max\{\hat{c}_{\nabla \Phi}, \check{c}_{\nabla \Phi}\}$$

and hence

$$(B.7) \quad c_{m,t,\epsilon} \leq \hat{c}_{\nabla \Phi} \max\{\hat{c}_{\nabla \Phi}, c_{\det(\nabla \Phi)}\} \max\{\hat{c}_{\nabla \Phi}, \check{c}_{\nabla \Phi}\} \hat{\epsilon} c_{p,\Xi} \leq \max\{\hat{c}_{\nabla \Phi}, \check{c}_{\nabla \Phi}, c_{\det(\nabla \Phi)}\}^3 \hat{\epsilon} c_{p,\Xi}.$$

Especially for $\Phi(x) := rx$ with $r > 0$ we have

$$\begin{aligned}
|\vec{\omega}|_{L^2(\Omega)}^2 &= \int_{\Omega} |\vec{\omega}|^2 = \int_{\Xi} \det(\nabla \Phi) |\vec{\omega}|^2 = r |\nabla \Phi \vec{\omega}|_{L^2(\Xi)}^2 \\
&\leq r c_{m,t,\mu,\Xi}^2 (|\operatorname{curl}(\nabla \Phi \vec{\omega})|_{L^2(\Xi)}^2 + |\operatorname{div}(\mu \nabla \Phi \vec{\omega})|_{L^2(\Xi)}^2) \\
&= r c_{m,t,\mu,\Xi}^2 \left(\int_{\Xi} |\operatorname{adj}^{\top}(\nabla \Phi) \operatorname{curl} \vec{\omega}|^2 + \int_{\Xi} |\det(\nabla \Phi) \operatorname{div} \epsilon \vec{\omega}|^2 \right) \\
&= r c_{m,t,\mu,\Xi}^2 \left(r \int_{\Xi} \det(\nabla \Phi) |\operatorname{curl} \vec{\omega}|^2 + r^3 \int_{\Xi} \det(\nabla \Phi) |\operatorname{div} \epsilon \vec{\omega}|^2 \right) \\
&= r^2 c_{m,t,\mu,\Xi}^2 (|\operatorname{curl} \vec{\omega}|_{L^2(\Omega)}^2 + r^2 |\operatorname{div} \epsilon \vec{\omega}|_{L^2(\Omega)}^2)
\end{aligned}$$

and

$$\begin{aligned}
\langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &= \int_{\Xi} \mu \vec{\omega} \cdot \vec{\omega} = \int_{\Xi} \det(\nabla \Phi) ((\nabla \Phi)^{-\top} \tilde{\epsilon} (\nabla \Phi)^{-1} \vec{\omega}) \cdot \vec{\omega} = r^{-2} \int_{\Xi} \det(\nabla \Phi) (\tilde{\epsilon} \vec{\omega}) \cdot \vec{\omega} \\
&= r^{-2} \int_{\Omega} (\epsilon \vec{\omega}) \cdot \vec{\omega} = r^{-2} \langle \epsilon \vec{\omega}, \vec{\omega} \rangle_{L^2(\Omega)}, \\
\langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &\leq r^{-2} \bar{\epsilon}^2 |\vec{\omega}|_{L^2(\Omega)}^2 = r^{-2} \bar{\epsilon}^2 \int_{\Xi} \det(\nabla \Phi) |\vec{\omega}|^2 = r \bar{\epsilon}^2 |\vec{\omega}|_{L^2(\Xi)}^2, \\
\langle \mu \vec{\omega}, \vec{\omega} \rangle_{L^2(\Xi)} &\geq r \underline{\epsilon}^{-2} |\vec{\omega}|_{L^2(\Xi)}^2,
\end{aligned}$$

i.e., $\hat{\mu} \leq \max\{\sqrt{r} \bar{\epsilon}, \underline{\epsilon} / \sqrt{r}\} \leq \frac{\max\{r, 1\}}{\sqrt{r}} \hat{\epsilon}$, which shows

$$c_{m,t,\epsilon} \leq r \max\{1, r\} c_{m,t,\mu,\Xi} \leq r \max\{1, r\} \hat{\mu} c_{p,\Xi} \leq \sqrt{r} \max\{1, r\}^2 \hat{\epsilon} c_{p,\Xi}.$$

On the other hand, (B.7) gives with $c_{\det(\nabla \Phi)} = r^{3/2}$, $\hat{c}_{\nabla \Phi} = \sqrt{3} r^{1/2}$, $\check{c}_{\nabla \Phi} = \sqrt{3} r^{-1/2}$ the less sharp estimate

$$c_{m,t,\epsilon} \leq 3\sqrt{3} r^{3/2} \max\{1, r^2\}^3 \hat{\epsilon} c_{p,\Xi}.$$

APPENDIX C. PROOF OF (3.3) IN THE BI-LIPSCHITZ CASE.

C.1. Without Boundary Conditions. For this, let $\omega = \sum_I \omega_I dx^I \in D^q(\Omega)$. We have to prove $\Phi^*\omega \in D^q(\Xi)$ with $d\Phi^*\omega = \Phi^*d\omega$. Let us first assume $\omega \in \mathring{C}^{\infty,q}(\mathbb{R}^N)$, i.e., $\omega_I \in \mathring{C}^\infty(\mathbb{R}^N)$ for all I . By Appendix B we have

$$\begin{aligned} d\Phi_j &= \sum_i \partial_i \Phi_j dx^i, & \Phi^*\omega &= \sum_I \tilde{\omega}_I \Phi^* dx^I = \sum_I \tilde{\omega}_I (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}), \\ d\omega &= \sum_{I,j} \partial_j \omega_I (dx_j) \wedge (dx^I). \end{aligned}$$

By Rademacher's theorem we know that $\tilde{\omega}_I = \omega_I \circ \Phi$ and Φ_j belong to $C^{0,1}(\Xi) \subset H^1(\Xi)$ and that the chain rule holds, i.e., $\partial_i \tilde{\omega}_I = \sum_j \widetilde{\partial_j \omega_I} \partial_i \Phi_j$. As $\Phi_j \in H^1(\Xi)$ we get $d\Phi_j \in D_0^1(\Xi)$ by

$$\langle d\Phi_j, \delta\varphi \rangle_{L^{2,1}(\Xi)} = -\langle \Phi_j, \delta\delta\varphi \rangle_{L^{2,0}(\Xi)} = 0$$

for all $\varphi \in \mathring{C}^{\infty,2}(\Xi)$. Thus by definition we see

$$\begin{aligned} d\Phi^*\omega &= \sum_I (d\tilde{\omega}_I) \wedge (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}) = \sum_{I,i} \partial_i \tilde{\omega}_I (dx^i) \wedge (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}) \\ &= \sum_{I,i,j} \widetilde{\partial_j \omega_I} \partial_i \Phi_j (dx^i) \wedge (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}) = \sum_{I,j} \widetilde{\partial_j \omega_I} (d\Phi_j) \wedge (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}). \end{aligned}$$

On the other hand it holds

$$\Phi^*d\omega = \sum_{I,j} \widetilde{\partial_j \omega_I} (\Phi^*dx_j) \wedge (\Phi^*dx^I) = \sum_{I,j} \widetilde{\partial_j \omega_I} (d\Phi_j) \wedge (d\Phi_{i_1}) \wedge \cdots \wedge (d\Phi_{i_q}).$$

Therefore, $d\Phi^*\omega = \Phi^*d\omega$. For general $\omega \in D^q(\Omega)$ we pick $\phi \in \mathring{C}^{\infty,q+1}(\Xi)$. Standard mollification shows that $\mathring{C}^{\infty,q}(\mathbb{R}^N)$ is dense in $D^q(\Omega_\phi)$, where Ω_ϕ is smooth and satisfies $\Phi(\text{supp } \phi) \subset \Omega_\phi \subset \bar{\Omega}_\phi \subset \Omega$. Let $(\omega_n) \subset \mathring{C}^{\infty,q}(\mathbb{R}^N)$ with $\omega_n \rightarrow \omega$ in $D^q(\Omega_\phi)$. Then

$$\begin{aligned} \langle \Phi^*\omega, \delta\phi \rangle_{L^{2,q}(\Xi)} &= \int_{\Psi(\Omega_\phi)} \Phi^*\omega \wedge * \delta\phi = \pm \int_{\Psi(\Omega_\phi)} \Phi^*\omega \wedge \Phi^*\Psi^* d*\phi = \pm \int_{\Psi(\Omega_\phi)} \Phi^*(\omega \wedge \Psi^* d*\phi) \\ &= \pm \int_{\Omega_\phi} \omega \wedge \Psi^* d*\phi = \pm \int_{\Omega_\phi} \omega \wedge d\Psi^* * \phi \leftarrow \pm \int_{\Omega_\phi} \omega_n \wedge d\Psi^* * \phi \\ &= \pm \int_{\Omega_\phi} \omega_n \wedge * * d * * \Psi^* * \phi = \pm \langle \omega_n, \delta * \Psi^* * \phi \rangle_{L^{2,q}(\Omega_\phi)} \\ &= \pm \langle d\omega_n, * \Psi^* * \phi \rangle_{L^{2,q}(\Omega_\phi)} \rightarrow \pm \langle d\omega, * \Psi^* * \phi \rangle_{L^{2,q}(\Omega_\phi)} = \pm \int_{\Omega_\phi} d\omega \wedge \Psi^* * \phi \\ &= \pm \int_{\Psi(\Omega_\phi)} \Phi^*(d\omega \wedge \Psi^* * \phi) = \pm \int_{\Psi(\Omega_\phi)} (\Phi^*d\omega) \wedge * \phi = -\langle \Phi^*d\omega, \phi \rangle_{L^{2,q+1}(\Xi)} \end{aligned}$$

and hence $\Phi^*\omega \in D^q(\Xi)$ with $d\Phi^*\omega = \Phi^*d\omega$.

C.2. With Boundary Conditions. Let $\omega \in \mathring{D}^q(\Omega)$ and $(\omega_n) \subset \mathring{C}^{\infty,q}(\Omega)$ with $\omega_n \rightarrow \omega$ in $D^q(\Omega)$. By Appendix C.1 we know $\Phi^*\omega, \Phi^*\omega_n \in D^q(\Xi)$ with $d\Phi^*\omega_n = \Phi^*d\omega_n$ as well as $d\Phi^*\omega = \Phi^*d\omega$. Since $\Phi^*\omega_n = \sum_I \tilde{\omega}_{n,I} \Phi^* dx^I$ holds, $\Phi^*\omega_n$ has compact support in Ξ . By standard mollification we see $\Phi^*\omega_n \in \mathring{D}^q(\Xi)$. Moreover, $\Phi^*\omega_n \rightarrow \Phi^*\omega$ in $D^q(\Xi)$ as $\Phi^*\omega_n \rightarrow \Phi^*\omega$ in $L^{2,q}(\Xi)$ and

$$d\Phi^*\omega_n = \Phi^*d\omega_n \rightarrow \Phi^*d\omega = d\Phi^*\omega$$

in $L^{2,q+1}(\Xi)$ by (B.1). Therefore $\Phi^*\omega \in \mathring{D}^q(\Xi)$ with $\mathring{d}\Phi^*\omega = \Phi^*\mathring{d}\omega$.